

Blue Mountains Festival

The Bethel Oxford County Citizen

Weekend events—page 15

Volume XCVIII—Number 40

1992 The Bethel Citizen

BETHEL, MAINE, WEDNESDAY, OCTOBER 7, 1992

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Fewer fighter flybys

Military cuts back hard on low-level flight plans

By JENNIFER SULLIVAN
and CITIZEN STAFF

The Air National Guard has agreed to limit its military flights over western Maine and eliminate routes that bring F-16s flying as low as 100 feet over places like Locke Mills and Albany Township.

That announcement from Maine's congressional delegation Friday came little more than two months after the military agreed to an earlier reduction in its original plan (made public in July 1991) to vastly expand flight tests in the northwestern

part of the state.

The proposal agreed to by the Guard now includes limiting the number of training flights in Military Operations Areas (MOAs) in western Maine, and eliminating three existing military training routes here, including VFR 840-841-842, which passes over Locke Mills Village, East Bethel and Andover.

In the past planes on the VFR could operate as low as tree-top level, but in January the Guard agreed to raise the flight floor in

sections of the local route to 1500 feet.

But it now appears the route will be eliminated entirely.

If the latest proposals are adopted, "We would have no more use for that route," said Maj. Robert St. Clair, airspace manager for the 104 Tactical Fighter Group, which schedules the local route.

Opponents pleased

The Guard's original proposal for

See FLIGHTS, page 3

Bethel zoning push begins

By MICHAEL DANIELS

Members of the Bethel Conservation Commission think that it's time again for the town to take a hard look at the idea of zoning.

The commission has proposed to the selectmen that the town push ahead with growth management planning now, rather than wait until the state-mandated deadline of 2003. The commission has also contacted local organizations to seek input on the proposal.

"Somebody has to take the bull by the horns," said commission chairman Walter Hatch—who acknowledged that any mention of zoning has traditionally been anathema to many people.

Bethel did attempt zoning, but in 1968 an earlier plan was rescinded—in large part because of the zoning board's strict application of some of the plan's provisions.

Hatch thinks times have changed enough so that the town might be willing to give zoning another chance. "That particular ordinance was really quite restrictive," he said, "and a lot has happened in the 24

See ZONING, page 3



APPLE HAVEN—James Gibson, son of Ira and Kristen Gibson of Northwest Bethel, picks an apple out of his grandfather Frank Gibson's orchard. Apple growers are reporting bumper crops of the fall favorite this year. For more harvest pictures see page 11.
(Photo by Wendy Hanscom)

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Use caution tonight on Railroad St.

Motorists who must use Railroad Street tonight (Wednesday) are urged to use extreme caution, since the road will be reduced to only one lane due to construction activities.

The road will remain open to two-way traffic throughout the night, according to Town Manager Madeleine Henley, and some extra lighting will be provided. But with the narrow roadway and no flaggers to separate the east- and west-bound traffic, a potentially dangerous situation exists.

Motorists who can are advised to use Cross Street as an alternative route.

It's apple time again

By WENDY HANSCOM

To some it just wouldn't be fall without tart, crispy apples and a sip of sweet cider.

Local apple growers are willing to provide both, and this season's crop is a bumper one despite the summer's strange weather.

"It's wonderful," said Juanita Korhonen of Korhonen Farms on the Flat Road in West Bethel. "We've had a good crop for the last few years, but this year's crop is even better."

"They're good sized and have a really nice color," agreed Chris Cooper owner of Cooper Farms.

Pressing business

In Northwest Bethel, Ira and Kristen Gibson are turning apples to assets with help from an antique cider mill.

The pair is picking drop apples out of Frank Gibson's orchard and crushing them into hundreds of gallons of cider.

Last year the Gibsons purchased a 1910 hydraulic press. "It was in pretty bad shape," Ira said.

"We believe it's one of the oldest ones in the state," Kristen said. "We've only seen one or two working that are older."

"It took us a whole year to get it up and running," Kristen said. "We had to repack all the hydraulic parts, build a new conveyor and chute, sand and repaint it."

With the press now in working order, the couple picks apples two or three times a week and then stores the fruit in their cool barn until pressing time.

Almost every Friday evening, the cider mill starts squeezing apples.

About 16 bushels at a time are dumped into the hopper. The apples drop out of the wide-mouth wooden funnel, which directs them onto the conveyor belt.

A dual spray washes the apples before they drop down a chute at the

top of the machinery and into the grinder.

The ground apple, or pumice, collects in the chute until it is dropped by hand into a large square rack covered with cloth.

When the rack is full of pumice, the cloth is wrapped around the pulpy mash and another rack is placed on top of the last and so on until about nine racks have been stacked onto the press.

The stacked racks are then slid under a hydraulic press, which pushes the racks up slowly at 50 tons of pressure.

The cider is collected in a catch basin and then piped through a hose into a holding tank. The tank holds about 50 gallons of cider, which is then bottled into plastic jugs for sale.

It takes about 16 bushels of apples to make 50 gallons of cider, Kristen said. If the apples are particularly ripe and juicy, the couple can get up to three gallons of cider from a bushel of apples.

So far this season they have pressed over 100 gallons of cider and are planning to press about 400 more gallons.

Kristen said people are welcome to stop in at the Gibson orchard and watch a pressing in progress. The

Purple ribbons mark domestic violence month

By WENDY HANSCOM

The Safer Families program will pass out purple ribbons during National Domestic Violence Awareness Month to help remind people that an estimated 3 to 4 million American women are beaten each year by their husbands or partners.

This week is Unity Week in the month-long observance of domestic violence throughout the U.S. The Safer Families program will distribute purple ribbons to be worn to mourn those women and children who have died, to celebrate those who survived and to reach those who wish to end violence.

During the month, Lynn Mason, director of the Safer Families Program at the Bethel Area Health Center, has asked all local clergymen to offer a special prayer for the victims of domestic violence.

"Every 15 seconds in the U.S., a woman is battered, according to the FBI," Mason said. "I've heard that 50 percent of the homicides committed in Maine this year are related to domestic violence."

Safer Families is also asking the SAD 44 Guidance Department to include discussion of the issue in its programs.

See APPLES, page 11

See RIBBONS, page 3

BETHEL AREA HEALTH CENTER
P.O. Box 977 • Railroad Street • Bethel, ME 04217
1992 FLU CLINIC SCHEDULE

October 9	Bryant Pond Town Office	9:30-11:30 AM
October 10	Bethel Area Health Center	9:00-11:00 AM

Gould & ...
The Bethel Citizen
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SUN-JOURNAL Sunday

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5th Annual HIKE/WALK/RUN
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Saturday, October 10, 1992, South Ridge area
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Race begins at 10:00am
\$10 pre-registration fee or \$12/day of event
will include: 100% cotton long sleeve t-shirt
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age categories including ski weekend getaway
lift tickets, and much more! Call 824-3575
Make a weekend of it and enjoy the
Blue Mtn. Arts & Crafts Festival!

Research Supports It: Chiropractic Works

See Page 10

Letters to the editor

DARE SUPPORTERS, THANKS

To the Editor:

Thank you DARE supporters: DARE-Drug Abuse Resistance Education.

Due to the overwhelming support of Mr. Bruce Bell at the Telstar Middle School and Rod Abbott at Telstar High School and community members, Project DARE is off to a strong start for its third year.

The DARE instructor for the past two years was unable to continue instructing for a third year, which caused DARE program supporters to do some very fast footwork for the 92-93 school year to find an instructor. Thanks to Darren Tripp and Mr. Bruce Bell, we are now off and running.

Partial funding has been raised from different areas for this year, but we are still short on funds for this year's program.

Supporters of this program feel Project DARE will play a very important role in the future character and self-esteem of your children and your community. We ask you to please help us to help them. Your support is very important to those this program affects and without that support this program would not be possible.

As we have stated, partial funding has been raised but we need to continue to raise additional funds to cover the balance of the costs which will be due. Any contribution you could make to this cause would be greatly appreciated and will benefit those 10 times over from the lessons they learn through this program.

If you are interested in contributing to this worthy cause, please send your contribution to Jane A. Rolfe,

P.O. Box 252, Bethel, Me. 04217 or Jannine Buck, P.O. Box 102, Locke Mills, Me. 04255.

Thank you for your contribution.

Jannine Buck
Jane A. Rolfe
Bethel

TOURISTS FAVORED

To the Editor:

Arthur and I have the same views as Stan Howe in his recent letter to the editor.

I have talked with many different ones; every one of those were of the same opinion.

It would seem to us that our town manager and some of the selectmen as well as planning board are more for the tourists than the people who live here.

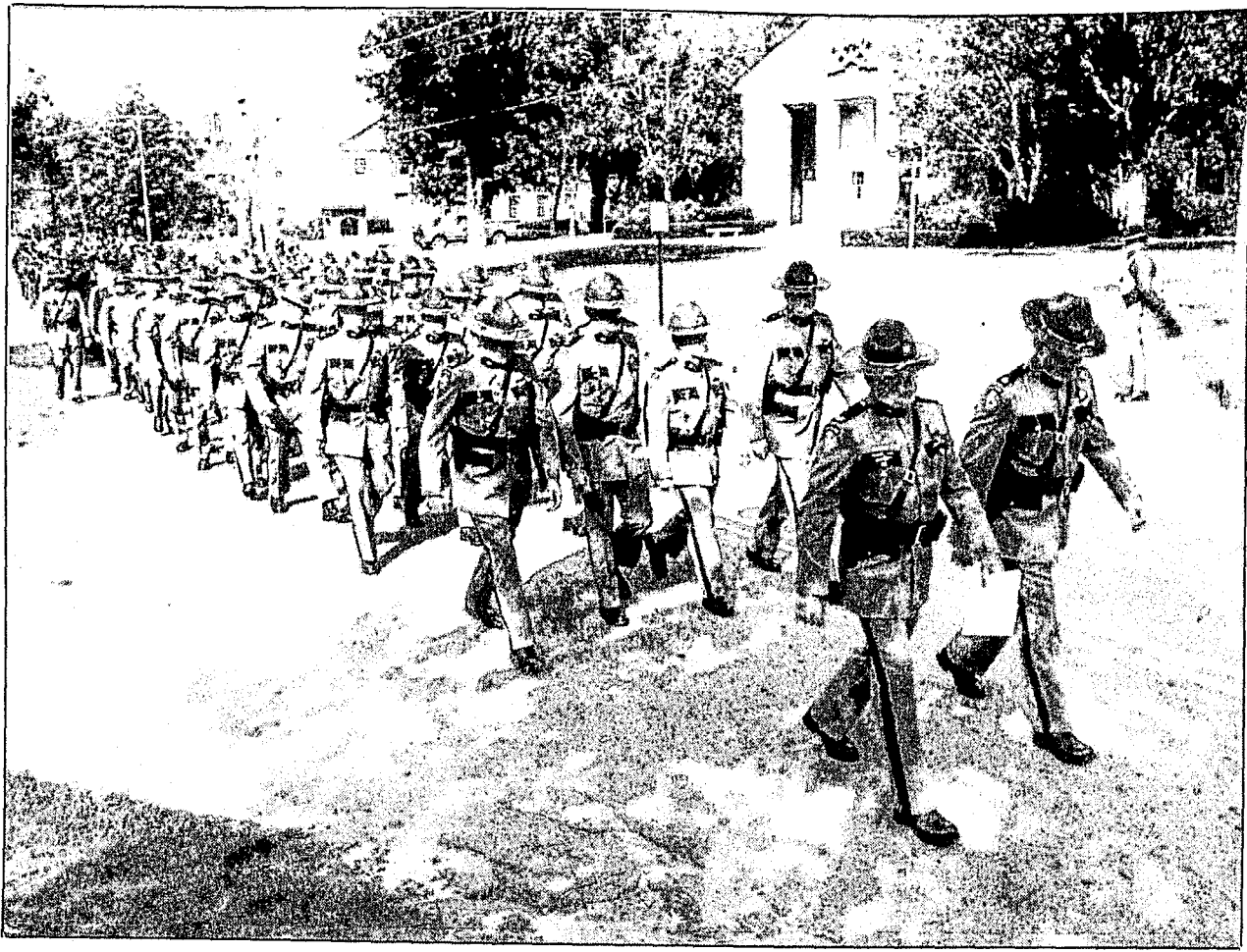
Last winter when it was necessary for town crews to work at night to remove snow it wasn't the people that live in town but just the skiers that our town manager was concerned about losing their sleep. No mention was made of the town crew that had to lose sleep as they removed the snow, plowed and sanded roads etc.

Never have I seen in your letters to the editor any concern from officials over fire department and ambulance crews or police department when they have to lose sleep trying to do their duty.

It seems to be tourists that most of our officials are concerned about; just make them happy that is all that counts.

We could be wrong in our opinion; it wouldn't be the first time, but this is how it seems to us.

Ruth H. Cummings
Bethel



THE LONG BLUE LINE--State troopers and other police officers from across the state turned out last week to pay their final respects to State Trooper Leroy Gray Jr. and his wife, Brenda. The couple were killed Oct. 27 when the small plane Gray was piloting crashed at the top of Mount Will in Newry. Services for the couple were held Wednesday at the West Parish Congregational Church in Bethel, and Saturday in Bar Harbor.

(Photo by Michael Daniels)

From Washington—

From:

Sen. George Mitchell 20th Anniversary of the Clean Water Act

For 20 years, our nation has enjoyed the benefits of steadily improving water quality. Much of this improvement is a direct result of the enactment of the Clean Water Act in October of 1972.

Maine residents should be especially proud of the contribution made by Senator Edmund Muskie to the development of this important law. It is fair to say that he, more than any other person, designed the law and managed the difficult legislative effort which led to its enactment.

Many of us still remember the deplorable condition of the nation's waters just two decades ago. Some may recall stories and photographs from around the country of burning rivers, dead fish and dirty lakes unable to support life. In Maine, a number of our major rivers, including the Androscoggin and the Kennebec, were stinking open sewers.

As we commemorate the 20th anniversary of the Clean Water Act, there is now nearly unanimous agreement that the Act is sound, workable and effective. While the battle for clean water is not yet won, Americans today enjoy cleaner rivers, lakes and coastal waters.

We must not forget, however, that the law was bitterly and resolutely opposed when Senator Muskie led the fight two decades ago. Many opposed the federal government taking the lead in protecting the environment. There was opposition to the specific pollution control requirements and schedules imposed on industry and others. There was opposition to making a federal financial commitment.

Twenty years ago, the country was going through an environmental awakening. In April of 1970, we celebrated the first Earth Day. Public interest in protecting the environment was growing, but this interest was general and unfocused.

In the early debates over clean water, clean air and other environmental laws, a vague public concern for control of pollution was transformed into a focused and specific set of credible and coordinated national policies. We all have Ed Muskie to thank for that.

I have long been concerned with protecting the quality of our rivers, lakes and streams. As a member of the Environment and Public Works Committee, I developed amendments to strengthen the Clean Water Act in 1985 and 1986. I led the fight

to override President Reagan's veto of the bill in 1987.

While we have made outstanding progress in water pollution control, we still face demanding challenges. Many of the traditional water quality problems persist.

Despite the progress made in sewage treatment, for example, we have yet to solve the problem of combined stormwater and sewage overflows. Furthermore, as our science improves, we are learning that we must expand the focus of our efforts from the chemical quality of waters to include analyses of the ecological integrity of entire aquatic systems.

In the next Congress, I will be working with other members of the Environment and Public Works Committee on legislation to reauthorize the Clean Water Act and guide our water quality programs to the year 2000.

I expect we will face many of the difficult issues that the Committee and Senator Muskie faced in the early 70s. We will have to find a balance between federal and state responsibilities. We will have to find an effective means of funding continuing pollution control efforts by municipalities. And we must insist that the program be guided by the best science, while at the same time assuring that the pursuit of scientific certainty does not prevent us from acting before problems grow to unmanageable proportions.

I am confident that these issues will be addressed and that legislation to reauthorize the Clean Water Act will be passed in the next Congress. My confidence is high because, thanks to Ed Muskie, we have a solid legislative foundation on which to build.

From:

Sen. William Cohen Equitable health care for the mentally ill

Experts estimate that one in five Americans will suffer from mental illness at some point in life, but only a fraction will receive professional help. One reason is that most health insurance does not cover treatment for mental disorders.

Unfortunately, if left untreated, these illnesses are among the most disabling and life-threatening, according to the National Institute of Mental Health (NIMH). Studies show that nearly 90 percent of people who commit suicide suffer from a treatable disorder such as schizophrenia, depression or manic depressive illness.

In addition, severe mental illness

impairs an individual's ability to function socially. Nearly one-third of the nation's estimated 600,000 homeless suffer from severe mental illnesses, as do about 100,000 inmates in the country's jails.

For far too long, the mentally ill have faced discrimination, and nowhere is this problem more blatant than in health insurance coverage. If insurance policies cover mental illnesses at all, the coverage is typically more restrictive than that provided for other medical conditions.

For example, policies that will pay for a full year of hospital care for most physical ailments will cover only 45 days in a hospital for those with mental disorders. Policies that provide \$1 million in lifetime coverage for physical care have a \$50,000 lifetime maximum for mental health care.

This inequity is based on the outdated premise that mental illnesses are the result of individual weaknesses rather than medical conditions. But research now shows that many severe mental illnesses are biological in nature and can be treated. According to NIMH, nearly 90 percent of those suffering from depression respond to treatment, and nearly 80 percent of schizophrenics begin to recover by taking medication.

To ensure fair treatment for the mentally ill in any health care reforms enacted by Congress and the President, I have joined a bipartisan group of Senators in cosponsoring the Equitable Health Care for Severe Mental Illnesses Act.

This measure is intended to end discrimination against the mentally ill by requiring insurers covered by any reform proposal to provide the same coverage for treatment of mental disorders as they do for other physical ailments.

In this time of spiraling health care costs, we should be examining ways to control spending across-the-board. But as we in Congress consider national health care reform, it is logical to apply the same principles to all illnesses. Excluding the mentally ill from coverage for hospitalization, psychotherapy and prescription drugs is discrimination rather than cost containment.

The National Alliance for the Mentally Ill (NAMI), which supports the type of equitable health coverage contained in this legislation, contends that with adequate care, the mentally ill have an opportunity to readjust socially, to develop self-esteem and to find jobs that will

See COHEN, page 3

THIS WEEK AT THE Moses Mason House

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During the business meeting Society President Jane Hosterman announced that the next meeting would be held on Nov. 5 and feature a presentation on the history of Grover Hill by Mary C. Keniston. Anyone with photos, memories and/or artifacts relating to people and buildings of the area was urged to let Mrs. Keniston know by calling 824-2504 or the Society at 824-2908.

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LOOKING BACK

10 years ago: John Feeney was designated a James Bowdoin Scholar for the 1982-83 academic year at Bowdoin College. "The Pits" on Grover Hill was offering live rock bands on Friday and Saturday nights. Dan Hart was appointed the new guidance director at Telstar Regional High School. The L&F Country Store at West Bethel was having a "going out of business" sale. Births: Erin Dennis, Jeremy Bean. Marriages: Marlene Bean and Glen Dunn; Debbie Dennis and Andrew Reed. Deaths: John D. Grover, Sr.; Jessie Simmons, Meta Knight, Arthur Thurston.

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Flights

Continued from

airplane modification in Maine opened the possibility of a substantial increase in the number of low-level flights over the area.

The plan drew heated criticism from some residents about the aesthetic, environmental and economic impact of the flights and it was unanimously rejected by the state Congressional delegation in Washington.

But the Guard's latest proposal now calls for a significant increase in the number of flights--of the original plan appears to be satisfied with the proposal.

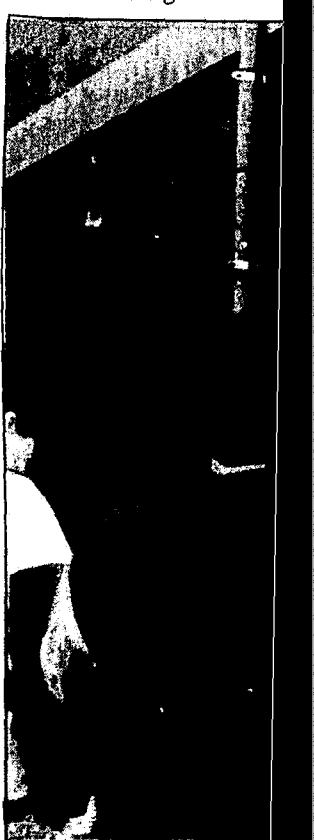
"While we continue to have concerns about the National Guard proposal, we are pleased the Guard has taken additional steps to address the concerns of Maine residents to reduce the impact of low-level training flights," a delegation said in a joint statement.

According to the delegation, 33 percent of "typical" residents would be flown below the new proposal, a very small percentage of the population below 1,000 feet.

Paul Lowe, executive director of the Western Mountain Area Outspoken Critic of the original plans, called the developments "significant."

"It's a lot of moving in the direction," he said, "a wonderful compromise, appreciative of the deleteriousness of this. But a key question is how can these be changed? If all it takes is a piece of paper, we're anything."

To reduce the chance of unilateral Guard action, a delegation has, according to Sen. George Mitchell, Office, "(secured) language in the National Defense Authorization Act to ensure public input and oversight of future flights."



GET ON WITH IT--Carl Matzke, 50 workers last the Blue Ribbon Corn in Maine. "The players," Hansen said, publican from Bethel.

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From the Bethel Police log: Skateboarders warned off streets; mountain bike found

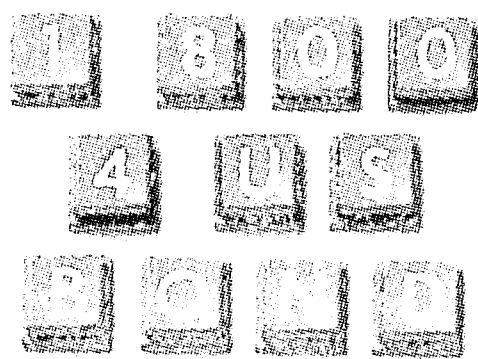
Bethel police have a Huffy Stone Mountain bicycle in their property room. The bike was found Thursday near the Red Top Diner on Bridge Street. Police records show no report of it being stolen.

Police warned several skateboarders and rollerbladers to stay off Bethel streets. Saturday afternoon Officer Anne Bertram gave a juvenile skateboarder his first warning. Bertram told him she could confiscate his skateboard the next time. Another juvenile rollerblader at the scene scooted off as Bertram approached. She told the first juvenile to tell his friend she would confiscate his rollerblades on-site if the youngster was found skating on the streets again.

Monday afternoon police confiscated another juvenile's skateboard, after he admitted he was aware of the town's ordinance and having been warned once before.

In other police news last week, Telstar High School Assistant Principal Carroll Higgins told police he had found two half-empty beer cans in the school's student parking lot. Police and Higgins interviewed two subjects, who were attending a dance Friday night. One student told police he had found the beer in a ditch on Route 26 and had drank half a can. The other student "smelled of intoxicants" the police report stated. Higgins arranged for a ride home for both students and informed them that they would be suspended for 10 days starting Monday, according to the police report.

Sunday morning Bethel Park Apartments manager Nancy Fogg told police a lamp post on the property had been damaged sometime over the weekend. Police determined it had been hit by a motor vehicle.



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The Bethel Oxford County Citizen

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Deadline for town news items is Saturday noon. Advertising deadlines: display ads, Monday noon; classified ads, Monday 2 p.m.

The publisher reserves the right to reject, omit or edit any material offered for publication.

Bethel selectmen approve contracts

By MICHAEL DANIELS

The Bethel Board of Selectmen voted Monday evening to award the town tipping contract for household solid waste to B.A.R. Co. of Otisfield.

The contract, which locks in two year's worth of tipping fee charges for the town, will cover both trash picked up from individual residences and trash from the town's new transfer station (which is due to be up and running by the end of the year).

Trash from both sources will be hauled to BAR's Oxford facility by D&E Sanitation, with whom the town has a current hauling contract. BAR's bid, when combined with the hauling fees, was \$1 per ton less than comparable bids from the Norway-Paris Solid Waste Corp.,

Mid-Maine Waste Action Corp. and Consumat-Sanco Inc.

The selectmen also noted that their past experience with BAR had been positive, and they felt very confident dealing with the company.

Also on Monday, the selectmen signed a \$722,930 contract with Couture Construction Co. of Berlin for the final phase of the Downtown Revitalization Project. Couture, which is currently working on the lower Main Street phase of the project, was low bidder on the final phase.

Construction is due to start on or before Oct. 26.

The selectmen also discussed purchasing replacement trees for those that were taken down in the course of the lower Main Street work.

But they put off a final decision on what species of tree to plant, pend-

ing further discussions with Fred Burk.

Parking changes

The selectmen also set Oct. 19 as the date for a public hearing on proposed changes to the town's traffic ordinances.

Most of the changes are minor, according to Town Manager Madeleine Henley, and are being made in order to bring the ordinance into agreement with actual town parking practices.

The most significant change, she said, is to shift the parking on Elm Street from the west side to the east side. The change has been proposed for safety reasons: so that cars on the upper park of the street would not be parked closely against Gould Academy's stone wall.

THIS WEEK AT THE

Moses Mason House

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Flights

Continued from page 1

airplane modification in western Maine opened the possibility of a substantial increase in the number of low-level flights over the area.

The plan drew heated opposition from some residents concerned about the aesthetic, environmental and economic impact of the flights, and it was unanimously opposed by the state Congressional delegation in Washington.

But the Guard's latest proposal now calls for a significant reduction in the number of flights--and critics of the original plan appear generally satisfied with the proposed compromise.

"While we continue to have concerns about the National Guard's proposal, we are pleased that the Guard has taken additional steps to address the concerns of Maine residents to reduce the impact of its proposed low-level training flights," the delegation said in a joint statement.

According to the delegation, only 33 percent of "typical missions" would be flown below 2,000 feet under the new proposal, and only "a very small percentage" would take place below 1,000 feet.

Paul Lowe, executive director of the Western Mountain Alliance and an outspoken critic of the Guard's original plans, called the latest developments "significant concessions."

"It's a lot of moving in the right direction," he said. "This is a wonderful compromise. I'm very appreciative of the delegation getting us this far. But a key point is, how can these decisions be changed? If all it takes is a general in the Pentagon signing his name on a piece of paper, we haven't got anything."

To reduce the chances of such unilateral Guard action, the state delegation has, according to a statement from Sen. George Mitchell's Office, "(secured) language in the National Defense Authorization Act to ensure public input and Congressional oversight of future Guard

training flights. The bill directs the Guard to report to Congress on citizen complaints, airspace violations and what measures it has taken to address complaints and violations."

"This will allow Congress to monitor the Guard's activities throughout the northeastern United States, including Maine, and ensure that the Guard documents and maintains a record of the concerns raised by residents to its training activities."

Specific restrictions

The most recent restrictions agreed to by the Guard include:

- Limiting the number of training flights over western Maine to no more than 2,096 annually, a reduction of 63 percent from 1989 levels;
- Eliminating three existing military training routes in western Maine, ending flights at just 100 feet above ground;

- Dividing the Condor MOA into high (above 7,000 feet) and low (300 to 700 feet) zones.

The guard has further agreed to restrict use of the Condor MOA low zone by:

- Limiting use to "essential required training only;"
- Minimizing flights from June 15 to Labor Day;
- Prohibiting any flights below 2,000 feet during the fall foliage period;

- And prohibiting flights below 500 feet "unless there is a national emergency or special exercises."

Lowe, however, last week repeated his earlier concern regarding the military's implication that the fall foliage season is the most economically sensitive season for the local tourist industry.

"In a lot of western Maine, ski season is the biggest tourist season. If you live in Rangeley, summer is the biggest tourist season," he said. "There are impacts involved that ought to be dealt with year-round, since a lot of us live here year-

round.

In July, the Guard agreed to work with local officials to "identify environmentally sensitive locations" and to avoid endangered species nesting sites by maintaining a 1,500-foot altitude above them.

The military now also plans to

conduct regular meetings in the Northeast to review public concerns about flight tests in the future.

The Guard has also established an 800 number for residents with complaints or concerns about the overflights. The number is 1-800-241-3005.

Zoning

Continued from page 1

years since then--the people, the town, the pressures are a lot different, now."

He pointed especially to the growth of Sunday River Skiway, and its impact on the Sunday River Valley, which Bethel shares with Newry.

The Newry Planning Board recently suggested to the Bethel selectmen that the two towns try to develop a joint conceptual plan for the Sunday River Road.

The Bethel selectmen, however, turned down the proposal, arguing that the town had no legal basis for enforcing such a plan. "We have no zoning in Bethel," said Selectman John Thurston, "and without zoning it's null and void." (Newry has a zoning plan, adopted this year as part of the town's new comprehensive plan).

Hatch said the conservation com-

mission now hoped the selectmen could be convinced to appoint a committee to explore the town's growth management options, including perhaps zoning.

So far, the selectmen have been noncommittal, Hatch said, but they appear willing to consider the idea if enough townspeople get on the bandwagon.

And more aggressive growth management clearly does have support on the board. At Monday night's regular meeting Thurston described a recent business trip to Stowe, Vt., where the local ski resort is now smaller than Newry's Sunday River in terms of uphill capacity and skier visits.

But the area "has been developed all hell ways and crooked," Thurston said. "It really brought into focus the need to protect Bethel."

Cohen

Continued from page 2

make them contributing members of the community.

"It comes down to fairness," says Malcolm Wilson of Sidney, who is a past AMI board member and whose daughter was diagnosed with

schizophrenia in 1977. "Families have laid out fortunes for private care for family members who have no insurance coverage for mental illness. It's time we have a bill in

place that recognizes that mental disorders are the result of physical illnesses and should be covered."

Eliminating discrimination against the mentally ill will bring lasting benefits for the individual, their families and society as a whole.

Ribbons

Continued from page 1

Guidance Director Dan Hart said his staff plans to continue to address the issue and its effect on students and their families.

Students dealing with problems stemming from domestic violence are referred to Safer Families, Tri-County Mental Health or the Department of Human Services, he said. Telstar High School also offers personal counseling and peer helper groups.

Other Safer Family projects in the works for October include an art contest for local elementary students.

The Safer Families Program offers individual counseling, women's self-help groups, legal advocacy, transportation to a safe shelter and referrals to local service agencies.

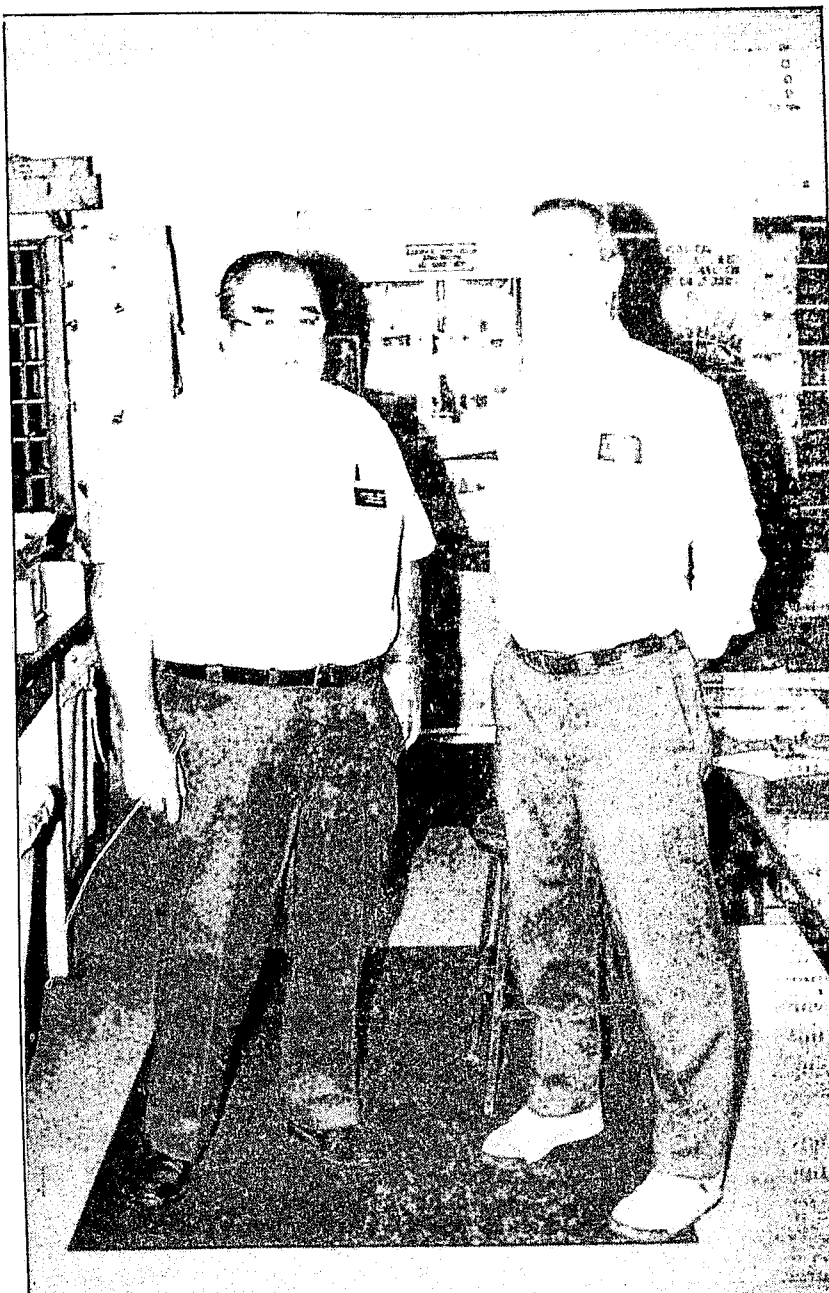
All its services are free and confidential.

"It's really important to keep the level of awareness of violence up in the community," Mason said, "to educate people on the extent that this problem has been kept a secret."

"We offer support and listen to women and help them with legal matters if necessary. We want them to be able to make choices for themselves."

Safer Families Program volunteers are available 24-hours-a-day and can be reached at 824-2193, 824-3600 or 1-800-287-2292.

Anyone who would like to wear a purple ribbon in support of National Domestic Violence Awareness Month can pick one up at the Safer Families office at the Bethel Area Health Center.



GINK'S LAST DAY--Bethel Postmaster Gayland "Gink" Doonen, left, put in his last day of government service Friday. Doonen has been Bethel's postmaster for the past nine years. He has been in the postal service for 26 years. He will be replaced by Officer in Charge Frank Ettl, right, the former Bryant Pond postmaster. Ettl took over financial responsibility for the Bethel post office last Tuesday. Doonen said he'll have no trouble keeping busy during his retirement. He plans to hunt, fish, camp, play golf, tinker on some machines, do wood work and play with his five grandchildren.

Thanks to you... it works... for ALL OF US



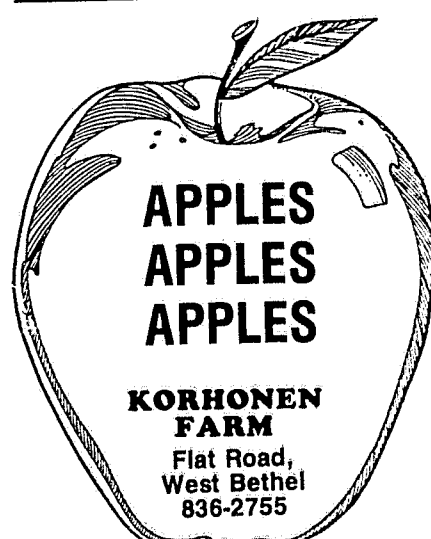
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Cohen's anti-stalking bill passes Congress

Legislation sponsored by Senator Bill Cohen, R-Maine, to create a model state anti-stalking law was given final approval by Congress last week and sent to President Bush for his signature.

The measure was included in the State, Justice, Commerce appropriations bill for fiscal 1993.

"The crime of stalking is frightening, insidious and on the rise, and I am gratified that Congress acted so quickly on this bill," Cohen said. "Numerous states are grappling with this problem and have indicated they welcome the help that will be provided by this measure."

Cohen's bill, which was the subject of a recent hearing in the Senate Judiciary Committee, directs the National Institute of Justice, the government's principal research agency in the criminal justice field, to develop a model statute to give authorities the tools needed to apprehend stalkers before they do any harm, while protecting rights of free speech and movement.

Twenty-eight states have thus far enacted anti-stalking laws, but many of them are so broad that they would not pass constitutional scrutiny or

are so narrow that they have little effect.

"My goal in introducing this legislation was to help focus national attention on this very serious problem and ensure that our citizens are protected by enforceable anti-stalking statutes, no matter where they reside," Cohen said.

The need for such legislative was graphically demonstrated in testimony before the judiciary committee last week by Sandra J. Poland of West Paris. Her testimony was as follows:

West Paris woman tells of years of fear

I am here to speak in support of Bill S.2922, which addresses the criminal act of stalking. Although I will try to be brief, it is difficult to condense eight years of on-going harassment. On the advice of our attorney, I will refer to our aggressor as John Doe. But please keep in mind: although the name is fictitious, the events are terrifyingly true. As I recount them, try to picture them happening to your daughter or your son.

In the fall of 1984, our daughter Kimberly's picture appeared in a local newspaper as the winner of the Miss Oxford County Fair Pageant. The day after the picture was published, Mr. Doe began to contact Kimberly by constant telephone calls and letters which he often left in our mailbox or on our doorstep. From the beginning, Kimberly told him that she was not interested in becoming an acquaintance of his and asked that he stop calling her and writing letters to her. Ignoring her requests, he continued to call and drop by our house with letters. At one point he even left his old Army fatigue uniform which he said he wanted Kimberly to have as a Christmas present.

At that time, my husband Kenneth intervened, telling Doe that Kimberly was not interested in talking to him and asking him to stop trying to contact her. In response, Doe began to drop by the store where Kimberly worked. He did not speak to her there, and at that time she did not even recognize him, but he would call later and tell her that he had seen her at work the night before, even describing what she had been wearing. It was at this time that we became very alarmed by this unusual behavior.

In 1986, Doe visited Kimberly at Stephens Memorial Hospital where she was recovering from surgery. She had to call a nurse to evict him when he refused to leave. Soon after, his letters became more and more frightening, taking on a threatening aspect. In one, he spoke of finding out where she went to college and kidnapping her. In another, he included a drawing of arrows with blood dripping from them. The next morning we found an arrow lodged in a tree at the end of our driveway.

Concerned for Kimberly's safety, we went to the Sheriff's Department, where we obtained protection from harassment papers. Doe paid no more attention, however, to these papers than he had to Ken-

neth's and Kimberly's requests, continuing to call and write. In September, 1987, he wrote, "If you say you won't I will try my best to plain outright kidnap you for a night." He wrote that he had gone to the Norway library, dug out the 1984 Advertiser Democrat and looked up the article reporting the beauty pageant. "I seen that shine in your eyes, and all that I assumed was true came back to me in my memory." He also talked of giving up drugs if Kimberly would start talking to him.

In March of 1988 Doe was arrested in Massachusetts after tracking down Kimberly at college and making threatening phone calls to her. At the time of his arrest, he was carrying a briefcase full of letters to Kimberly and was wearing around his neck a set of wedding rings that he had bought for her.

At that time he was sent to Bridgewater State Hospital for the Criminally Insane, in Bridgewater, Mass., where he was evaluated and incarcerated for approximately 17 months. Then, in August of 1989, Doe was transferred to Augusta Mental Health Institute under the pretense that he wanted to be nearer to his family. Within a month he was released from AMHI but voluntarily remained there until November. Shortly after his release Detective Jim Miclon of the Oxford County Sheriff's Department asked Doe why he didn't get a job and forget about us. His reply: "This IS my job."

And apparently it was. He continued to contact Kimberly's friends, trying to locate her. We received more letters from him, and in January, 1990, two separate collect calls from Doe enabled us to get the area code from the operator, placing him back in Massachusetts once again tracking down Kimberly.

At this point we were told by our attorney that there was no legal solution to the problem. Everything that the law allowed had already been tried. He told us that the only way Kimberly could be safe was to change her identity, move to another part of the country, and sever all ties with everyone—including her own parents—never again making contact with any of the people she loves.

On February 23, Doe was arrested for contempt of court for violating the protection from harassment papers. He was transported to St. Mary's Hospital and then sent to AMHI. He was released from AMHI on March 14, only three weeks later.

Two days after his release, Doe appeared at Lewiston High School, acting strangely enough for guidance personnel there to summon the principal, Richard Sykes. Sykes reported later in a letter to me that Doe "pulled a large manila envelope from his shirt and withdrew a newspaper clipping of a picture of girls in a beauty contest...He pointed to one girl whose name in the picture was Kim Poland and stated that this was the girl he loved and was going to marry." Sykes was so alarmed by Doe's behavior that he called the principal of the school from which Doe had graduated.

Meanwhile, Doe continued to track down Kimberly's whereabouts. Two weeks later on March 30, 1990, I received word that Doe had entered Kimberly's dormitory and asked for her. The Boston police were summoned and Doe was escorted from the campus and told that he would be arrested if he returned. He left a note for Kimberly with the girl on duty in the lobby. He ended this letter saying, "Remember I told you that my name was Mark Andrews. Well I've discovered a lot about my heritage. Look at encyclopedia Britannica Vol. 10, p. 1. The reason I was a twin on St. Patrick's Day is because of a Nazi Genetic experiment and my sister Paula is really a twin, because the birth record shows she was born nine months later. What woman has twins and a baby in nine months?"

We never know when he will show up next. In June of 1990, after we had been seated for our son Shane's high school graduation, Doe suddenly appeared. He stood at the side of our section of chairs, staring directly at us. Terrified, Kimberly wanted to go home immediately. Only after we made the police aware of the situation did we feel that we could remain to see our son graduate. Fortunately for us, Senator George Mitchell was the commencement speaker that evening and security was tighter than usual.

Since then Doe has continued to harass us. A tap on our phone line revealed that it was Doe who called several times each day and throughout the night only to listen and then hang up when we answered. He was finally arrested and taken to jail. That night he called us collect from the Oxford County Jail where had been taken to serve time for harassing us.

The impact of this eight-year ordeal on Kimberly has been profound. She suffers from severe nightmares about being caught and killed. She has had to move five times within the past four years, leaving no forwarding address. She has had to come home from school—missing classes—when Doe was in Mass. because she did not dare to remain there. In her last semester, Kimberly missed her finals because of stress-related illness. She later talked to her professors, trying to schedule a make-up exam and explaining that she had been under inordinate stress. One professor asked her to elaborate and when she told him the whole story, he said, "You're lying; no one could have all that happen to them." She is one course away from having a college degree because of Doe and because the things he has done are too bizarre to be believable.

There is no way to describe to you the fear that our family has of this individual. No way to describe what it is like to live a life of constantly being "on guard." Kimberly, her dad, and I all suffer from stress-related symptoms including tension

headaches, backaches, nervousness, restlessness, as well as fright. We have installed new locks on our doors and keep them locked at all times. We have all obtained concealed weapons permits. We go to bed with a gun under our pillow. I have had to hide all my kitchen knives. We do not dare to leave our adult children by themselves in our home. We do not discuss Kimberly's whereabouts with even our closest friends or relatives. We can't even tell Detective Miclon where she is because by law he would have to disclose that information to Doe's attorney. We worry constantly about what will happen next. We, who are hard-working, law-abiding, tax-paying citizens, are the ones who have become "imprisoned" by Doe's obsession.

There is no doubt that this man is criminally insane. We have been told that many times over the past eight years, by personnel at AMHI and at Bridgewater State Hospital for the Criminally Insane, by doctors, lawyers, and even by Doe's own mother. He has threatened not only Kimberly and my husband, Kenneth, but also Jim Miclon and the officer who arrested him in Massachusetts.

For eight years we have tried to resolve this problem through the existing legal system. We have filed protection from harassment papers four times; Doe ignores them. He has been arrested, convicted, and sentenced four times. His brief periods in incarceration do nothing to convince him that he must leave us alone. Each time he is released, he begins again to harass my family and to try to track down Kimberly.

Nor has he received sufficient help from either Bridgewater State Hospital for the Criminally Insane or AMHI to get over his obsession with Kimberly. In fact, as we trace the deterioration of his mental stability through the contents of his letters, we realize he has become more and more dangerous and less and less grounded in reality.

Despite the threats Doe has made against our lives, despite his repeated violations of restraining orders, despite the professional assessment of him as dangerous, both the District Attorney and our own attorney have said that nothing can be done until Doe has "done something." What is the "something" they must wait for him to do? Kidnap Kimberly? Rape her? Kill her? Would you be willing to sit back and wait for this to happen to your daughter or your son?

We have done everything possible to protect ourselves and yet we are still being victimized. Existing laws are not sufficient to protect us. Even Doe himself realizes this. In 1990 he wrote to our attorney that, "It's just that my actions in the Future will hurt them far more than in the past and will be perfectly legal by United States law I assure you."

The laws are not just ineffective; they actually work against us. Last spring, Doe was charged with assault on an officer, terrorizing, criminal mischief (all felonies) and violation of protection from harassment. He was brought to court where he was judged to be incompetent. Because he was deemed incompetent, the charges were dismissed and Doe was released. Where is the logic that says a person who is not sane enough to stand trial is sane enough to walk the streets—to renew his obsession, to continue to harass, to threaten, to assault.

Bill S.2922 would put an end to this and make it possible for us and others who remain victims of psychotic harassment to live normal lives. It would mean we wouldn't have to wait for the inevitable phone call from the police saying that Doe has finally "done something."

Andover

By BARBARA ADAMS

In a surprise move at the close of the Andover Board of Selectmen meeting last week, Chairman Mills told town administrative assistant Rebecca Schachter that he was "relieved of her duties effective immediately."

Just prior to the announcement had told Schachter he wished to go into executive session to discuss personnel matter concerning her. Schachter immediately waived her right to executive session. Mills said he had a statement and did not discuss any further as to why he was let go unless they were in executive session. He asked that "it be recorded" that she waived her right to the session.

"In the best interest of the town," Mills said, "the selectmen have decided that you are relieved of your duties as of tonight."

Schachter asked, "Am I fired?" and the two selectmen said, yes. (Selectman Wayne Delano was not present. He had submitted his resignation earlier in the day to selectmen stating he was on a definite leave of absence due to medical problems.)

Schachter asked Mills for a letter for her firing, and when he hesitated to speak, Hutchins would reply.

"Basically, it is very important we have a working relationship with the town administrative assistant. This has not been happening since last summer," Hutchins said. "It is difficult to work under these circumstances and something must be done."

"Ever since the written report things have tapered off more and more and I am not happy about it and neither are the other selectmen," Mills said.

The two-man board made a motion that Schachter be relieved of her duties and accepted the motion. Hutchins stressed he would make other comment unless Schachter wanted to go into executive session which she again declined.

"You mean I am through tonight? Well, I am out of town," Schachter said, and started to leave. Hutchins asked her for a letter to the office and said she could have her personal things. She replied she "would pick them up tomorrow." Schachter had returned to her home in Andover.

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headaches, backaches, nervousness, restlessness, as well as fright. We have installed new locks on our doors and keep them locked at all times. We have all obtained concealed weapons permits. We go to bed with a gun under our pillow. I have had to hide all my kitchen knives. We do not dare to leave our adult children by themselves in our home. We do not discuss Kimberly's whereabouts with even our closest friends or relatives. We can't even tell Detective Miclon where she is because by law he would have to disclose that information to Doe's attorney. We worry constantly about what will happen next. We, who are hard-working, law-abiding, tax-paying citizens, are the ones who have become "imprisoned" by Doe's obsession.

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Andover board fires Schachter

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"Basically, it is very important that we have a working relationship with the town administrative assistant. This has not been happening this summer," Hutchins said. "It is very difficult to work under these circumstances and something must be done."

"Ever since the written reprimand, things have tapered off more and more and I am not happy about it, and neither are the other selectmen," Mills said.

The two-man board made a motion that Schachter be relieved of her duties and accepted the motion. Mills stressed he would make no other comment unless Schachter wanted to go into executive session, which she again declined.

"You mean I am through as of tonight? Well, I am out of here," Schachter said, and started to walk out. Hutchins asked her for the key to the office and said she could take her personal things. She replied that she "would pick them up tomorrow." Schachter had returned to

work last Monday after a week's vacation.

Early in the summer Schachter received a written reprimand from the selectmen for "overstepping her duties." At that time, discussion of the reprimand was not in executive session as Schachter had also then waived her right to executive session.

The reprimand stated, "The Andover Board of Selectmen believe, and are under the opinion, that you have overstepped your duties as the town's administrative assistant. We believe that you have not been showing the willingness necessary to work with all three board members cooperatively as the administrative assistant."

"This document is to be considered a written warning," the letter stated. "Any future action taken by the Board of Selectmen regarding

your job performance as administrative assistant may be cause for dismissal."

At a following meeting, Schachter asked for, and received, a job description, noting there had never been one for the position. The board also subsequently cut her hours from 35 to 25 hours per week.

Schachter said last week she will ask selectmen for an explanation of their decision.

"I have requested a written explanation of my dismissal from the selectmen," Schachter said. "I am at a loss to know why I was fired and I don't want to speculate on the reasons. It has been very gratifying to see the strong expression of support I have received in Andover and Rumford. People have been calling me at home and stopping me on the street with words of encouragement. It's all very, very startling."

Andover budget meetings

Andover selectmen approved the upcoming budget committee meeting schedule recently, stating that additional items and another December meeting may be added later.

The meetings will be held on Wednesday nights at 6:30 p.m. in the town office. The first meeting on Oct. 7 will deal with street lights, the library, general assistance, Androscoggin Home Health, Boys and Girls State, Community Concepts, Norway Child Health, WCBB Channel 10, Western Maine Area on Aging, and Western Maine Transportation.

Also on the agenda for that night are Tri-County Mental Health, DARE, Alumni Association, Olde Home Days, historical society, Scholarship Committee, Red Cross, and Abused Women's Advocacy.

The Oct. 21 meeting agenda includes general municipal expenses, including salaries. Treasurer Alex Legault has asked the selectmen to prepare a wage

schedule for this meeting. Also on the agenda are the town office, town hall, Androscoggin Valley Council of Governments, and recreation.

The Nov. 4 items to be discussed are designated fire truck, professional services, selectmen training, Social Security, Medicare, fire department, Hepatitis-B vaccinations, fire hydrants, civil defense, dry hydrants, constable services, and animal control.

On Nov. 18, items to be discussed are designated new highway equipment, designated dump closing and recycling, and the town dump.

The Dec. 2 meeting will deal with insurance on building and equipment, workers compensation, income protection plan, unemployment compensation, Med Care Ambulance Service, cemetery maintenance, cemetery renovation and other items to be announced later.

The final wrap-up meeting is scheduled for Jan. 6.



BUILDING ARCHITECTS—These Woodstock Elementary students are constructing a log cabin out of some fallen trees cut up by a SAD 44 maintenance crew. WES principal Frank Boynton said the students have built and then torn apart and reconstructed the cabin several times since the beginning of the school year. Some of the aspiring engineers working on this ongoing project last week include Zachary Fritz, left, Jon Timm, Nathan Hurd, Per Sandstrom, Nathan Cheever and Sheryl Westleigh.

(Photo by Frank Boynton)

SEN. CAHILL ADDRESSES OXFORD CTY. REPUBLICANS

Senator Pam Cahill (R-Woolwich), Assistant Minority Leader in the Maine State Senate, was the featured speaker at the September monthly meeting of the Oxford County Republican Committee held in Rumford.

Following a roast beef dinner, Sen. Cahill outlined the major campaign issues in 1992, including taxes, workman's compensation, and state spending.

She saw the recent proposals on workman's compensation as a step toward reform and maintained that

Maine people could not stand another tax increase. State spending must be reduced once again if the recently announced billion dollar shortfall is to be closed.

During the business portion of the meeting chairman Stan Howe announced that the next meeting would be held in Bryant Pond and preceded by a ham supper. Featured speaker for the Oct. 13 meeting will be Gordon Smith, former Republican National Committeeman and a leading authority on health-related legislation.

Peter Morin of Olympia Snowe's staff reported on the Congresswoman's most recent activities

including the opening of her campaign headquarters in Auburn, which was attended by a number of Oxford County Republicans.

Finance chair Becky Kendall announced in the absence of treasurer Steve Merrill that the fundraiser hosted by Harold Jones with Roland Sutton and John Schiavi was a great success.

Chairman Stan Howe announced that the executive committee plus Roland Sutton would be meeting soon to distribute funds to the various candidates representing Oxford County.

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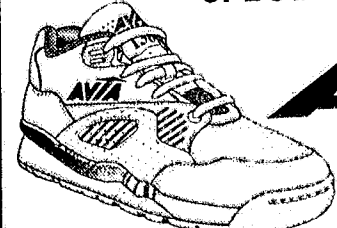
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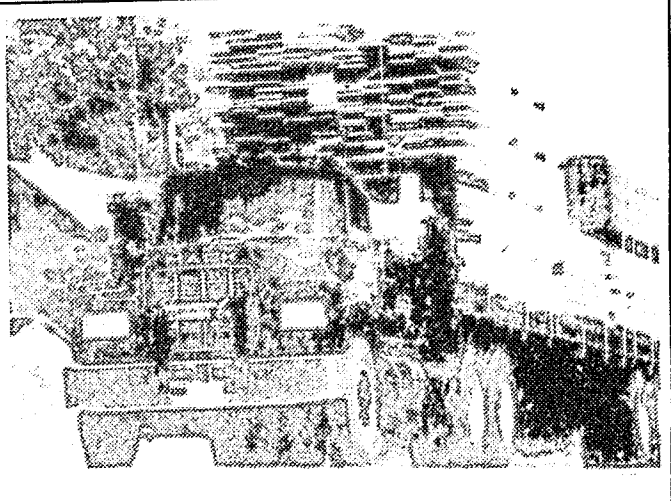
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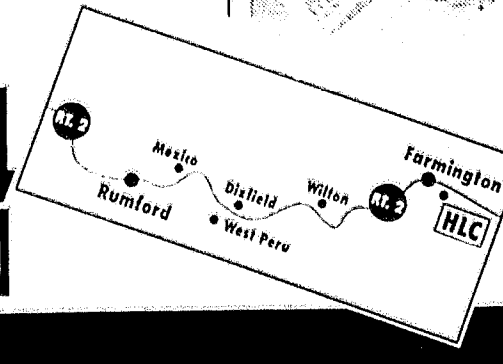
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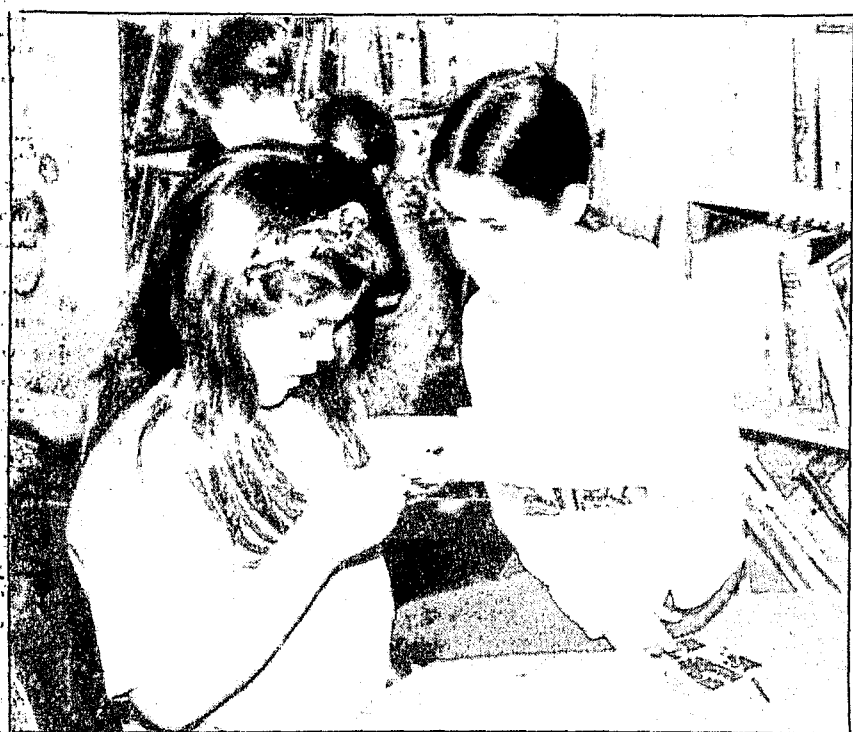
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CARD COLLECTORS--Crescent Park School students Marianne Nedeau, left, and Jaime Caron talk trade at one of the school's baseball-card clubs. CPS Principal David Murphy and physical education teacher Levi Brown are holding club meetings three times a week for first- through fifth-graders. The students can pay \$1 and receive two or three packages of unopened cards and then choose seven cards from a bin holding donated cards and more new cards. Students can also just drop in to trade their cards. The students use a trade book to look up the value of their cards. About 60 youngsters are currently enrolled in the clubs. Anyone who would like to donate cards to the club can leave them at the school.

NOTES FROM Adult Education

Pre-retirement seminar
A Pre-retirement Seminar will be co-sponsored by Adult Education and the Social Security Office on Wednesday, Oct. 21 from 7 to 9 p.m. at Telstar High School. Bill Arnold will be the presenter and will cover information useful in planning for retirement, including Social Security benefits and tax rates. There is no charge for the workshop, but those interested in attending are asked to pre-register with the Adult Education office, 824-2780.

Woodburner Seminar
Adult Education will offer two seminars of interest to those interested in home improvement. A Seminar for Woodburners will be held on Wednesday, Oct. 7 from 6 to 9 p.m. at Telstar High School with Paul Thornfeldt. This will cover wood heat safety, installation of stoves, how to buy firewood, and burning techniques. Thornfeldt, of Western Maine Home Inspections,

will offer a seminar on wet basements on Wednesday, Oct. 14 from 6 to 9 p.m. at Telstar High School. This session will cover sources of moisture and a variety of ways to control or cure it. To register for either session, call the Adult Education office, 824-2780. The fee is \$5 per session.

CMTC Informational
Central Maine Technical College will hold an informational evening for prospective students on Tuesday, Oct. 20 from 7 to 8:30 p.m. at Telstar High School. Darcy Stevens, admissions director at CMTC, will present information about CMTC programs and answer questions. The session is planned especially for adult prospective students; however, high school students are welcome to attend.

Pre-registration is encouraged so that sufficient materials will be available. Call the Adult Education office, 824-2780.

Agnes Gray School By MARTA CLEMENTS

Parents, make note of Tuesday, Oct. 13. That day will be our first parent conference day. Our district is trying something new this year. Rank cards will not be coming out until November. We are meeting halfway through the ranking period to talk about your child's progress thus far if there are any problems that can be addressed before the rank card comes home. Notices will be coming home and should be returned promptly, so we teachers can get together and schedule your children so that there will be no conflict if you have more than one child in our two schools.

News this week is from Mr. Burke's third grade. Their theme in reading for the month of September is Family Album. They are reading stories about families. One story involved quilting and the children created a paper quilt which will be on display. In writing they are working with the topic of dreams. These stories can involve nighttime dreams, dreams of their goals for the future, or an imaginary dream. Anything that they can "dream" up.

Combining music, language arts, and social studies, the students are preparing a play about Columbus. They are practicing songs, and individual parts are to be given out this week. When all is ready the play will be presented on stage in the gym. Parents will be invited, but there will be only one performance, and it will be in the afternoon. The date of this performance will be announced when all is ready.

In math the main focus has been on addition and subtraction. They are learning the relationship between the addition and subtraction facts, using grids and number lines, working with unifix cubes, chips, beans, etc. They are working both on memorization of the facts, and

understanding the concepts. The fourth-graders have been scheduled for a visit from Zachary Berkowitz, the weatherman from Channel 8. In the spring when they focus on their science unit about weather, they hope to have him back again.

The second-graders have created a garbage mural totally made up of litter from the playground. The mural is on the wall, and the hope is that we will get the message to keep our playground clean.

Thanks for the outstanding reminder, second-graders.

school lunch menu

WEEK OF OCTOBER 11

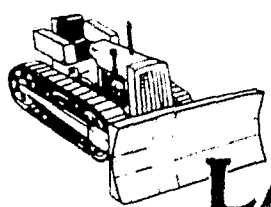
SAD #44 Breakfast Menu
Monday: No School
Tuesday: No School
Wednesday: Cereal, juice
Thursday: Super Donut Day
Friday: Cereal, juice

SAD #44 Hot Lunch Schedule
Monday: No School
Tuesday: No School
Wednesday: Taco (make your own) hamburger sauce, cheese, lettuce and tomato, fluffy white rice, pears.
Thursday: Hot dog, baked beans, dinner roll, fruit, apple crisp.
Friday: Bologna and cheese melt on a school bun, green beans, fruit.

SAD #17 Hot Lunch Program
Monday: No School
Tuesday: No School
Wednesday: Western rib-a-q in sauce, golden potato puffs, dessert.
Thursday: Hot dog in a roll, garden green beans, fruit dessert.
Friday: Hamburger on a bun, simmered carrots, dessert.

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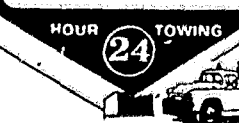
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UNITED WAY AWARDS--United Way community were presented in Club, Sunday River Ski Resort for the support of United campaign year. Bruce Powell #44, and Jeff Kelcourse, left, Ski Resort, accepted the award. Bethel Inn owner Dick Raso, left, accepted the award presented by local United Way, at the West Bethel Child Way connection between local agencies.

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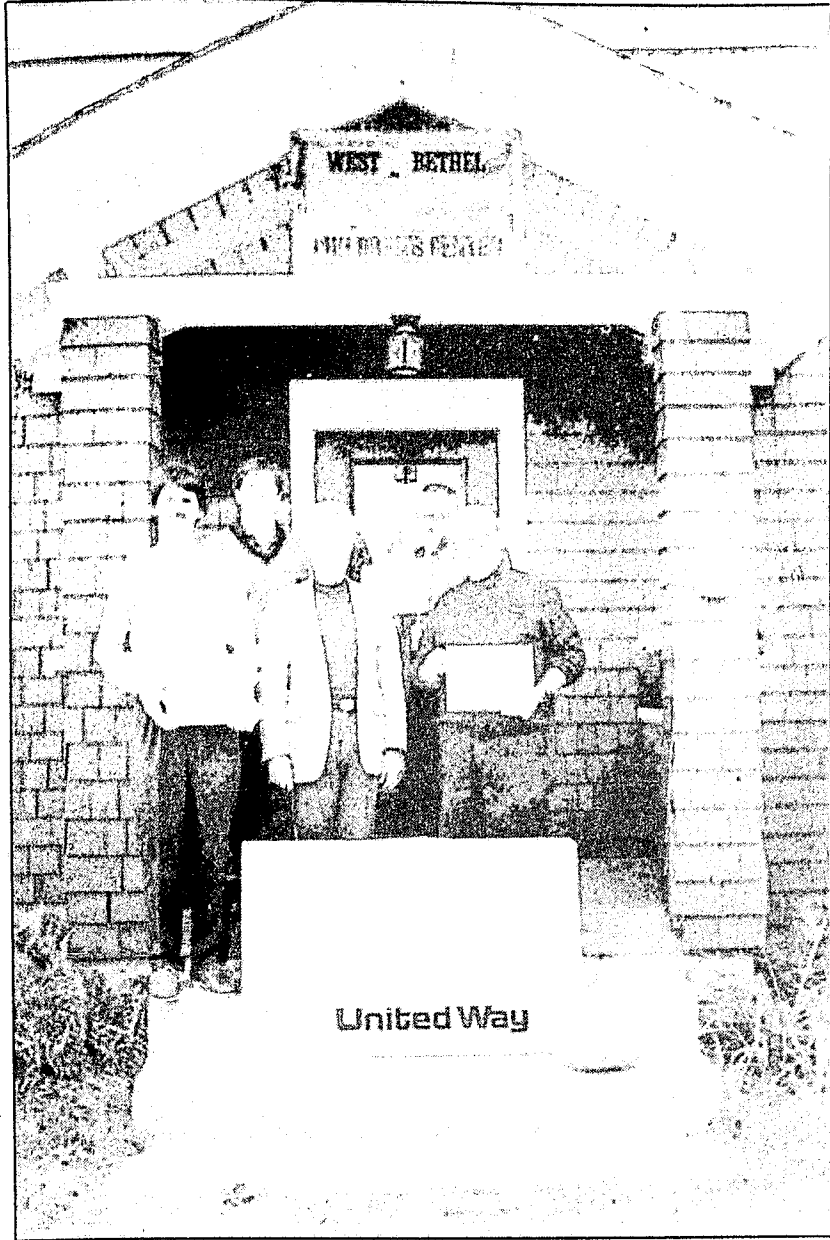
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Gould Academy cross-country runner, Guil Edwards, and Regis de Ramel were top finishers against Bridgton Academy, North Yarmouth Academy. Edwards won the race and the De and seventh. Gould took six of the top 10. On Saturday, the Gould boys won North Yarmouth, Bridgton and Eastgate at John Stanley was second and Edwards a 41 point margin of victory.

(Photo by Kirk Siegel)



UNITED WAY AWARDS—United Way certificates for service to the community were presented last week to The Bethel Inn and Country Club, Sunday River Ski Resort and the Telstar Regional School district for the support of United Way of Oxford County during the past campaign year. Bruce Powell, rear right, campaign manager for SAD #44, and Jeff Kelcourse, left, campaign manager for Sunday River Ski Resort, accepted the awards for their respective organizations. Bethel Inn owner Dick Rasor, right, and Allen Connors, director of golf, rear left, accepted the award given to the inn. The awards were presented by local United Way campaign manager Don Bennett, center, at the West Bethel Children's Center—to symbolize the United Way connection between contributors and service agencies and the fact that contributions from local donors are returned to work for local agencies.

Locke Mills woman OK after rollover

Shellie Swan, 17, of Locke Mills received minor injuries last week in a rollover on Route 26 near Chadbourne's Mill.

Bethel Police Chief Dale Bellman said Swan was headed north on Route 26 Wednesday, when she veered into the soft gravel along the roadway. Bellman said Swan tried to get back onto the roadway, but wound up back in the shoulder and rolled over in the ditch.

SAD 44 busdriver Dianne Hanson,

who was on a morning run to Bethel schools, was the first on the scene. She saw Swan crawling out of the vehicle and stopped to assist her.

Swan received "bumps and bruises" and was transported to Stephens Memorial Hospital by Bethel Rescue, Bellman said.

Hanson's students were transferred onto another empty SAD 44 bus and taken to school, according to Transportation Director Richard "Sonny" Blake.

Andover

By KAREN McKAY

The Elementary School's open house and parent conferences will be held on Tuesday, Oct. 13 from noon to 8 p.m. The book fair will also run throughout the day.

There will be a craft fair at the Andover Town Hall on Saturday, Nov. 7, from 9 a.m. to 3 p.m. For more information or to reserve a table, please call 392-4381 or 392-1312. All items will be hand crafted.

The Ellis River Riders are holding their annual Halloween Dance at the Town Hall. The music will be by "No Strings Attached."

Students returning to college of area interest include Jon Akers, UMO, Orono; Deanna Hutchins, CMTC, Auburn; Heidi Belanger, USM, Portland; Gwen Hutchins, Clark University, Worcester, Mass.; Bethany Taylor, Valerie Hayden and Gary Williamson, USM, Portland; Teague Berry, Maine Maritime Academy, Castine; Stephanie Percival, UNH, Durham, N.H.; Nathan Miseroch, Bates College, Lewiston; David Foster, UMO, Orono; Scott Emery, Castleton College, Castleton, Vt.; Vicki Hutchins, Champlain University, Burlington, Vt.

Also Kristin Delano, USM, Portland; Jason Miseroch, UMO, Orono; Paula Michaud, The Catholic University of America, Washington, D.C.; Steve Learned, Florida International University, Miami, Fla. Freshmen starting college are: Christian Hutchins, CMTC, Auburn; Christina Gammon, NOVA, Rumford; Jennifer Bailey, USM, Portland; Tom Morton, Maine Maritime Academy, Castine; Howard Roberts, CMTC, Auburn; David Smith, WCTC, Machias; Brian Davis, Weber State University, Ogden, Utah; and Robin Michaud, Johnson College, Johnson, Vt. Jeff Bailey, also a 1992 graduate, recently reported for duty with the U.S. Navy in Orlando, Fla. Jeff is the son of Mr. and Mrs. Chris Bailey.

Lorena Simmons recently traveled to Winston-Salem, N.C. with her sister, Thelma Remington of Bethel. They enjoyed their visit with Sonny Remington and family.

Blanch Schneider's youngest daughter, Phyllis, and husband Gilbert Silva from Illinois are spending two weeks with her mother. Also visiting was her sister Pauline of Pittsfield, N.H.

Jeffrey Arsenault, wife Sharon and grandchildren, Meghan and Michael from Chicago, Ill., spent two weeks in August at the home of his parents, Dottie and Joe Arsenault of East Andover Road.

Dottie Arsenault had her sister, Pat Bournival of Torrence, Cal., along with family friend Ann Kelley of Manchester, N.H. spend a week in September. This time was also spent visiting Dottie's and Pat's mom, Helen LaBlond at the Sandy River Nursing Care Center in Farmington.

The Historical Society had a nice variety of old toys on display at their open house held Saturday. Many thanks to those that stopped by to visit and those that donated toys to be shown during the afternoon.

Calvary Congregational Church

We are a Bible believing church teaching the fundamentals of the Faith. Sunday School classes for all ages with Rev. White as teacher for the adult class from 9:30 to 10:30 a.m. On Saturday the annual meeting of Maine Association of Congregational, Christian and Community churches met here. The featured events were on "Concerns of Prayer" by Jeff Marks. Lunch was at noon with all area churches sharing. Rev. Nathaniel and Mrs. Pearson were honored in their retiring due to health reasons. A cake was presented to them with many voicing their appreciation of what they have meant to all, and the example they have set in long life of Christian service.

Marge Stinson S.S. superintendent led on Sunday with scripture readings on "O Magnify the Lord With Me" Psalm 34, with a hymn sing before class time. Sunday morning worship with Rev. Duane White featured a message of "Significance of Communion Applied." I Co. 11 with celebration of the Lord's Supper, the choir sang "I Will Call Upon the Lord." Junior church was led by Sandra Clement.

Coming up each week will be: Wednesday—6 p.m. Bible Study and Prayer; Wednesday—7 p.m. Choir Practice; Wednesday—AWANA Kick-Off Night; Friday—3 p.m. Sparks; Friday—6 p.m. Pals, Pioneers, Chums, and Guards; Coming Up—Quarterly Business Meeting; Oct. 17 and 18—18th Annual Missions Conference; Saturday evening—Harvest Supper.

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THE \$125,000 GAIN INCLUSION

This article is brought to you by Jane D. Gray, CPA

When a taxpayer sells his principal residence for gain, he can defer taxes on that gain by purchasing another home of equal or greater value within two years. Over a lifetime, a taxpayer can accumulate a sizable amount of deferred gain on residential sales.

However, there is a way taxpayers can permanently avoid income tax on such accumulated gains. Taxpayers can exclude up to \$125,000 of gain on the sale of a principal residence if they meet the following tests: (1) the taxpayer, or his or her spouse, is 55 or older at the time the home is sold, and (2) the taxpayer owned and lived in the home for three out of the last five years.

A taxpayer can use the exclusion only once in a lifetime. Therefore, before making the election, there are certain questions you should consider.

For example, is it possible you may have a larger amount of gain to defer on a later home sale? If so, you may want to save your election. Once you use any part of the exclusion, you can never make the election again.

Is your replacement residence the last home you intend to own? If so, consider taking the exclusion, even if there's only a small amount of gain.

Also, if you are planning to marry, and either or both of you own a home, you should consider selling both homes before the wedding. This allows each of you to exclude up to \$125,000 of gain (up to \$250,000 total). After the wedding, you are considered one taxpayer for purposes of the election, limiting your total exclusion to \$125,000.

The \$125,000 exclusion is particularly beneficial to taxpayers at retirement age when, quite often, they sell a larger family home and purchase a smaller, less expensive residence.

If you are considering selling your home and you have questions concerning this election, contact us for professional assistance.

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LANDSCAPE VIEWING—This 1828 landscape by Charles Codman will be one of more than two dozen art works by Maine artists on view Oct. 16 through Nov. 20 at Gould Academy's Owen Gallery, part of an outreach exhibition organized by the Portland Museum of Art and funded by the William Bingham II Betterment fund. The exhibition will be open from 8:30 a.m. to 3 p.m., Mondays through Fridays, and weekends by appointment. The exhibition is open to the public and there is no charge for admission.

Greenwood City

By COLISTA MORGAN

My outside work and walks with autumn this week brought me scenes of summer, fall and a bit of winter. On one walk I stopped to listen to the lonely piping of the autumn hylas. Only through the warmer hours can the voice be heard at this time of year. I saw one of the smallest of our frogs, tiny, light colored wearing a cross of a deeper color on its back. It seemed so frail, as it jumped over fallen leaves. I wondered at the moment how it could survive winter's cold and join the peeper chorus of next spring. Then I realized that it burrows deep into the woodland leaf cover and settles into hibernation, a deeper and longer sleep than at night.

Another day I was reminded of Aesop and his fable. There were the crows and the fox, the cunning birds and the cunning fox. I stood by the pond sheltered somewhat by bushes. Then I discovered several crows fluttering from limb to limb among the pondside trees. They were all cawing and looking down. Moving as still as I could I discovered a red fox sitting on a rise above the road. As long as the fox was motionless the crows assailed it in voice only. But presently it moved along, nosing its way. Moving among the grass clumps and falling leaves then the cawing redoubled. They took wing and swirled around the fox. They were continuing the age-old feud of centuries ago. Red, ignored the hubbub of the crows except when they got too near. Then it hap-

pened. I moved slightly and eyes keener than mine saw the motion and Red was gone. In no more than three seconds Red vanished.

I have seen many foxes in the farm fields and several have visited me at my home. One came to my front steps this summer.

Parachutes of milkweed fluff, tightly packed in the pod is being released by the autumn wind, scattering their seeds.

What a lovely time to walk and see the autumn change, mirrors of swamp water with floating fallen leaves, spore-spikes of ground pine, chipmunks gathering seeds and clustered fruit of the sumacs.

With a touch of winter in the winds after roaming the outside; I felt that the world had gone to seed

until another spring.

This is a late news item for it took place Sept. 16 at Lettie Brooks' farm home. The retired teachers met for a boiled dinner (prepared by Lettie and me) and also for our Christmas party. Some of our members leave for Florida in October so we have it early. We missed Doris Hayes who has been with us for many years. She is in Gray now and was unable to come.

David, Sally and Mary have finished moving from the house on the Harrison Road to Pleasant St., Norway.

I was in Bethel this week to have dental work.

We had our first frost this week so I have removed some of my flowers.

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West Paris

By MIRIAM INMAN

Bill and Sally Berry, Daniel Ryan were in Boston, Mass. Rochester, N.Y. this past week. Vernon and Miriam Inman Saturday night in St. Stephens, Brunswick. Vernon was the tainer at the Knights of Pythias International Jubilee. Sid and Cynthia Scott, Ann and Ivan Jr. were at their mer retreats last weekend.



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West Paris

By MIRIAM INMAN

Bill and Sally Berry, Daniel and Ryan were in Boston, Mass. and Rochester, N.Y. this past weekend. Vernon and Miriam Inman spent Saturday night in St. Stephens, New Brunswick. Vernon was the entertainer at the Knights of Pythias International Jubilee. Sid and Cynthia Scott, Ann Proctor and Ivan Jr. were at their summer retreats last weekend.

Forward Fellowship met Monday evening with Marta Clements. There were 16 present. A delicious potluck supper was enjoyed prior to the meeting. Much business was transacted as October is going to be a busy month with the Pumpkin Sale to be on Saturday. Marta Clements has taken care of the advertising. Milton Inman and Joe Perham will make sure the tables will be set up. Judy McLaughlin and Edith Morey will be handling the food sale. Other workers will be Cynthia Lamb,

Lempi Cyr, Martha Day and Miriam Inman. The Friday night family supper will be Oct. 9, when the Illinois people will be guests. Anyone who isn't solicited may bring a casserole or salad. Joyce Lamb and Eleanor Inman are making the plans. Kim Inman and Beverly Stevens will set tables. Clean-up committee is Judy McLaughlin, Lempi Cyr, Kathy Burke and Eleanor Inman. Waiters and waitresses will be some of the youngsters. Joe Perham will entertain after supper.

On Tuesday evening, Oct. 13 there will be a family supper at 6 p.m. with the Goodwill Group in charge. Beverly Stevens will meet with Lee Dean and Phyllis Young to make plans. Again--those not solicited may bring a casserole or a salad. The program will be on Finland. Then on Oct. 23 there will be the Fall Frolic. More on that later. Lempi Cyr won the mystery package. The next meeting will be on Oct. 26 with Eleanor Inman.

Ivan Proctor returned home on Friday after being at Stephens Memorial Hospital with pneumonia. Saturday, Sept. 26 Maureen Heath brought Amanda Heath to help on the supper at North Paris Hall. She did a good job. Thanks to all the cooks that made our supper a success. The next and last supper of the season will be Saturday, Oct. 31. It is a ham supper with mashed potato and vegies, salads, rolls, biscuits, and gingerbread with real whipped cream.

My brother, James Coffin came home from Stephens Memorial Hospital. I visited Herman Bean, Herman Cole, and my mailman, Ivan Proctor. Wednesday, Sept. 30 Doris Pinkham went with me to the doctor's. We ate dinner at the Village Inn.

Mr. and Mrs. Herbert Stevens were at the Windsor.

Thursday, Oct. 1 Mary Smith, Dora Dingley and I went to the Country Way with the Bryant Pond Senior Citizens.

Saturday, Oct. 10 the Finnish-American Heritage Society are having a baked ham supper at their center (the former Legion Hall). The dinner starts at 5 p.m.

Saturday, Oct. 10 the West Paris Grange is having a dance. Music will be the Richard Felt Band. Callers have been Mr. and Mrs. Robert Pierce, Norma Reidy, Sharon Silver, Jenn Felt, Mark and Sherry Thayer and Jason, Joe and Madge Vatcher, Maureen Heath and

Amanda. I took Amanda home to North Waterford on Sunday.

We had a few snow flurries on Thursday, Oct. 1.

Friday, Oct. 2 Ina Davis, Dover, N.H. and sister-in-law and nephews wife called in. They were taking Ina home. She is a little better.

So. Woodstock

By OLIVE R. DAVIS

Curator Larry Billings of the Historical Society recently read a book on Richard, the Lion Hearted. Do you read history or biographies of famous people? It is an interesting pastime. So is listening to good music or seeing original art work or reading a classic. Try it. You might like it.

What is the Historical Society? They gather information about our area's past. Then they try to organize this material so that it will be useful to the public. We can all learn more about the place where we live and the heritage associated with it. Curator Larry Billings has been reading some books on British royalty which were interesting.

Tuesday callers on Olive Davis were Mr. and Mrs. Richard Cole and Becky Ricker. I was so glad to see them. Richard's father, Herman Cole is back in Norway hospital. They were going to see him Tuesday evening. I do hope Herman is

comfortable and getting good help. He has a broken hip.

Mr. and Mrs. Arthur Andrews were over Tuesday to help me. Arthur put on part of the double windows while Sylvia washed them. Then they picked three pails of grapes. Many thanks.

Helvi Tucci called on me this week. She reported four moose crossed the road in front of her when she was out riding. She stopped and the cars piled up in back of her until the four moose had passed.

Lorraine Nowlin, daughter, Diane Fisher and baby Lauren and a friend, Patty Quartasaro arrived Wednesday by plane to spend a week with Esther Davis. On Oct. 6 Esther will fly back with them to Florida for a months visit with her daughter, Lorraine Nowlin.

Esther Davis took Vera Buck and Olive Davis to Norway on Friday on a business trip.

What do you think are the most important things to remember about the 20th century? The Historical Society reminds you that in less than a decade our century will be part of history.

Francis Brooks and Ray Burnham have been working to get the museum ready for winter.

All the Historical Society members do their best for the Society and community. Let them know you appreciate their efforts.



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Publisher

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Songo Pond

By ALICE KIMBALL

The foliage in this area is about at its peak now. The reflection of the yellow and orange colors on the back side of the pond in the water made it look like orange juice.

Some cottage owners have closed up camp and headed out for warmer climes.

Jack Kallis from Hingham, Mass. spent last weekend with his father, John Kallis.

I hope the traffic will heed the moose crossing signs which were installed in this area recently—partly due to the persistence of Norma Salway.

Chickadees, black-capped and brown-capped and nuthatches have returned to my feeders. Goldfinches have been here all summer.

Ed and Dora Gardner of Waterford were supper guests of Phyllis and Bill Bancroft. Her mother was a caller on Sunday.

Mrs. Robert Drew returned home Thursday from the Bridgton Hospital where she was a pneumonia patient.

Too many people confuse freedom of speech with loose talk.

Bethel

Sandra Gunther and Caroline Merrill recently spent seven days in Nashville, Tenn., where they attended the 88th Annual National Postmasters Convention. They also visited Loretta Lynn's Ranch while in Tennessee.

Bryant Pond

By ALICE HOYT

Basil Sequin and Ruby Emery have both given items to the historical museum. Curator Larry Billings has been working on better ways to catalogue the books in the museum. Since they are not signed out, this is really optional anyway. They are classified as reserve books. The Woodstock Historical Society will meet on Saturday, Oct. 10 with the program on Wilderness Medical As-

sociates of Woodstock. Sandra Brooks arranged this talk.

Judith Grover tent #17 Daughters of Union Veterans will not hold a meeting on Oct. 12, instead they will meet with East Stoneham tent on Oct. 28 at East Stoneham for inspection with a supper first at 6 p.m.

Sympathy is extended to the families of Leroy and Brenda Gray. Bob Hoyt visited his family, Mr. and Mrs. Kenneth Hoyt and Beatrice Farnum on Tuesday.

AWANA clubs meet each week: Sparks on Thursday from 2:30 to 4 p.m. and grades three through six from 6 to 8 p.m. Cubbies meet during Sunday School.

The Bryant Pond Baptist Church will hold Cottage Prayers meetings during October starting Oct. 7 at Ray and Annella Burnhams', Floyd and Vangie Kenistons' and Muriel Raymond's. Teens will meet at the parsonage. Anyone wishing to attend is welcome. Next week, Oct. 14, the places will be Ken and Alice Hoyt's, Robert and Wilma Days' and Ernest and Nadja Bolios'. Teens will meet at the parsonage. Time for these prayer meetings is at 7 p.m.

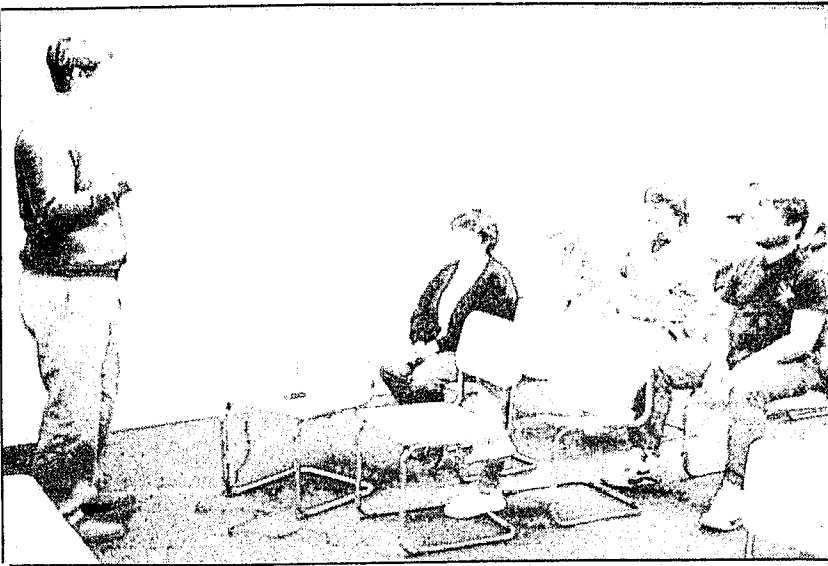
Guests of Mr. and Mrs. Harris Hathaway have been Mr. and Mrs. Laurence Estes on Saturday; Vance Jordan on Saturday and Debra Millett on Tuesday.

North Newry

By GIL SEELEY

The Bachelers' held a family reunion Sept. 27 with their daughter, Claire and her husband, George Romano who came from California; Tom O'Donnell, Claire's son from Portland; also Paul Josephson from Portland; Don and Marilyn Bachelder from Phillips. These are some who enjoyed a feast. Some other family members who couldn't because of work commitments and lack of transportation were Karlene's mother, Julia Goodwin and her two sisters, Wilma Stewart and Hilma Caldwell, also Aaron Bachelder and his family from Mars Hill. Well, some other time. I was also there to enjoy.

The members of the "Newry Bowling Gang" who were at the Oxford Lanes in Rumford are: Karlene



RECYCLE IT—Gordon Nelson, assistant director of facility management for the University of Southern Maine, held a seminar on recycling last Wednesday for Sunday River Ski Resort housekeepers and maintenance crews. Nelson reviewed how USM removes recyclable materials from the university's trash disposal system. The school recycles everything from newspapers to "packaging peanuts." Mark Wigley, director of Sunday River housekeeping and maintenance, said the workshop was designed to show his staff how other large facilities handle recycling. "The whole purpose of his visit was to help us integrate into Newry's recycling efforts," Wigley said. "We wanted him to give us ideas, so we can eliminate more items from our waste stream."

Bachelder, Betsy Clark, Gil Seeley, Louise Tetley, Doris Parent and Olive Anderson. Rena Powers and Jim Anderson were guests. Of the "lefties" Betsy was high on the triples and also high on the singles with one string of 106. Of the "righties" Doris was high on the triples and Louise was high on the singles. Betsy had three spares, Karlene had one strike and one spare, Gil had three spares, Doris had four spares, Louise had two spares and Olive with one spare.

Louise Tetley and I went to see Roger and Amy Hanscom at the Rumford Community House Health Center. Their sister, Hazel was there and we had a nice visit. Roger has a cold and we wish him well, but Amy looked good.

1. Both our Presidents, Lincoln and Kennedy were concerned with civil rights.
2. Lincoln was elected in 1860 and Kennedy in 1960.
3. Both were slain on Friday and in the presence of their wives.
4. Both were shot in the same manner.
5. Their successors, both named Johnson, were Southern Democrats and had served in the Senate.
6. Andrew Johnson was born in 1808 and L.B. Johnson was born in 1908.
7. John Wilkes Booth and Oswald were Southerners favoring unpopular ideas.
8. Both Booth and Oswald were murdered before trial could be arranged.
9. Both Presidents' wives lost children through death while residing at the White House.
10. Lincoln's secretary, whose name was Kennedy, advised him not to go to the theater.
11. Kennedy's secretary, whose name was Lincoln, advised him not to go to Dallas, Texas.
Does history repeat itself? Strange, isn't it?

Elderwood Manor

By FLORENCE HALL

Louise Powell, Hale and Bernice Wing, Dixfield visited Alma Hewey.

Gertrude Hutchins, Anne Fox and Florence Hall enjoyed dinner at the elementary school on Tuesday.

Bus riders to Rumford from the Manor on Wednesday were Gertrude Hutchins and Anne Fox.

Elizabeth Sennett is home from a visit with her daughter, Charlotte Hayes in Thomaston.

Callers at Florence Hall's were Gale Bean and Karen Berry, Bryant Pond, Stacy Thompson, Rumford and Barbara Kaulbach, Andover.

Thought of the day: In life, most of the mountains we climb we built ourselves.

East Stoneham

By ELEANOR NELSON

Pastor Janice Wilcox attended the Maine Conference of United Church of Christ this past weekend at Sugarloaf and the Rev. Norman Rust was guest minister on Sunday while she was away.

Doreen Shugars has started working at Northern Cumberland Memorial Hospital in Bridgton this past week.

Thaxter Littlefield continues to gain in the hospital in Virginia. His address is Loudoun Hospital Center, 224 Corwall St., Leesburg, Va. 22073. I'm sure he would appreciate it if anyone from town would like to send him a card.

Forgot to mention our backyard visitor last Tuesday at 6:45 a.m. Just as the school bus was coming down the road we happened to get up from the breakfast table and saw a huge bull moose walking by the window by the picnic table and off into the woods.

Several people from town attended the funeral of Chester Rowe in Harrison last week. Chet used to live here in town, and was liked by everyone who knew him. He was our ice man.

What a change in the weather. Yesterday at 3 p.m. it was getting darker and darker and when I looked

out, there were the snowflakes coming down. What a way for September to go out.

Carole Nelson is teaching classes on Thursday nights in Rumford in floral arrangement.

The dog "Asta" and I am taking care of things here for a few days while a bunch of fellers have gone to Big Brook Camp for bird hunting and to put up some more paneling in the kitchen. I hope they get that red squirrel as he raises the devil there.

The local Boy Scouts and Cub Scouts will be selling popcorn around here soon. They haven't been here yet but expect them anytime.

Bethany Rogers and two children are visiting her parents, Kathy and Craig Adams for a couple of weeks.

East Bethel

By NANCY MERCER

Jennifer Stowell, daughter of Aline DuPont, spent a few days in Denver, Colorado visiting her brother, Ryan Stowell, before going on to Fairbanks, Alaska. She is now a junior at the University of Alaska, Fairbanks.

The children of Chet Kimball wish him a Happy 90th Birthday on Oct. 12.

Sharon Sprague has undergone her third surgery at Stephens Memorial Hospital. If you wish to send a card, the address is Rm. 121, Stephens Memorial Hospital, Norway, Me. 04268.

Diana Howe with daughters, Alyssa and Rebekah, went to Mat-tawamkeag on Sept. 27 and 28. They picked Dustin up on the way in Orono and spent the weekend with Allan Howe.

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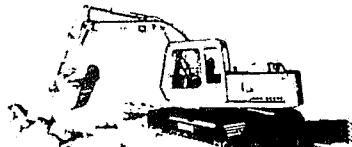
Bob Hastings came home from Stephens Memorial Hospital on Sept. 26.

Alder River Grange will hold a regular meeting on Oct. 9 at 7:30 p.m. at the hall.

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Research Supports It:

Chiropractic Works

A new day is dawning for chiropractic health care. The amount of scientific information supporting chiropractic is growing daily!

Until recently, the success stories of chiropractic were spread professionally through anecdotal evidence, and informally through word-of-mouth. Now, thanks to mounting research-based evidence, chiropractic is proud to claim—scientifically—what doctors and patients of chiropractic have known all along:

Chiropractic Works!

The Meade Study—A British comparison of chiropractic care and standard medical care of low-back pain patients, found **chiropractic treatment more effective than hospital outpatient management for patients with chronic or severe back pain.** The positive effects of chiropractic care in this 1990 study were even more evident during the follow-up period.

The Florida Study—The highlights of this 1988 FCER-funded report supports the findings of earlier studies of worker's compensation claims that **chiropractic care is more cost-effective than standard medical care in the management of work-related back injuries.** The results of this study indicated chiropractic patients suffered shorter periods of total disability, and their cost of care was lower, compared to patients of medical doctors, who were likely to be hospitalized.

A 1991 Study at National College of Chiropractic provides extremely encouraging news for women suffering from painful menstruation. This FCER-funded study found that **women who received chiropractic spinal manipulation reported significant reduction in back pain and menstrual distress.** A measurable reduction in prostaglandins, the hormonal culprit blamed for menstrual cramping, was also noted.

What Is Chiropractic?

Chiropractic champions a natural method of healing, advocating a non-surgical, non-invasive, and drugless treatment of patients. Grounded in a view of the individual as an integrated being, the doctor of chiropractic focuses on spinal health as the key to overall health and wellness.

Because of the interrelatedness of the body's various systems, chiropractic theory holds that spinal mechanics—including the vertebrae, corresponding nerves and surrounding soft tissue—plays a primary role in the health of the whole body. Structural abnormalities in the spine, which cause pain, dysfunction, and a loss of mobility to thousands of Americans every year, can be treated successfully.

Is Chiropractic Right for You?

In 1991 national random telephone survey by The Gallup Organization, public opinion rated chiropractic care effective and helpful. The study was conducted to determine the opinions, attitudes and behaviors of chiropractic users and nonusers. **Of those polled, 90% of users felt their treatment was effective, 72% would seek chiropractic care again, and 80% felt that cost of treatment was reasonable.**

In a related study, a report in the Western Journal of Medicine (March 1989) found that **patients of chiropractors were 3 times more satisfied with their care than patients of family practice physicians.**

While research is convincing the scientific community of the effectiveness of cost and efficacy of treatment of the chiropractic method, thousands of individuals all over the world are finding restored mobility and relief from pain in the hands of their professional doctor of chiropractic. As health care choices become increasingly more diverse, and as consumers take more responsibility for designing a personal plan for optimal health, it is clear that chiropractic will be a choice for many... how about you?



Chiropractic Care

by Dr. Joseph F. DeMarco, Chiropractor

Back Pain

Low back pain is a common occurrence in today's society. In fact, it is now estimated that approximately 80% of the population will suffer from low back pain at some point in their lives. Also, between 20% and 30% of the general population may be suffering from low back pain at any given time. Low back pain can occur at any age, but has an increased tendency to begin in the third decade of life and reaches its maximal frequency during the middle ages. Men and women are equally susceptible and years of back abuse, such as poor posture, improper lifting, and lack of body conditioning can allow the back to be more susceptible to injury. There can be many causes of low back pain.

If you suffer from low back pain, chiropractic care may be the right choice to help alleviate the cause of your problem. Call today for an appointment to learn how you can benefit from chiropractic care. We are located on Main Street (across from the IGA supermarket) in Bethel. You may reach us at 824-3899. Office hours are M-W-F 10-1 and 3-7 p.m., Tuesday 3-7 p.m., and Saturday 9-12 a.m. Most insurances are accepted.

Low back exercises, proper posture and overall conditioning may also be helpful in the treatment of low back pain.

October is Spinal Health Month

Bethel Chiropractic and Dr. Joseph F. DeMarco are proud to offer an opportunity for you to obtain the benefits of Chiropractic Health Care. During Spinal Health Month chiropractic examinations and x-rays (limited to one body part) are only \$25.

"The doctor of the future will give no medicine, but will interest his patients in the care of the human frame, in diet, and in the cause and prevention of disease."

Thomas Edison

Spinal Health Month

Bethel Chiropractic Health Center

Entitles you to complete chiropractic examination, posture screening, and x-ray (one body part) for only \$25. Good thru the month of October.

10 Helpful Health Hints:

1. Exercise at least 3 days a week for 30-45 minutes a day.
2. Avoid the 3 whites - Salt, Flour, Sugar
3. Drink 6-8 glasses of water per day
4. Get at least 7-8 hours of sleep per night
5. Stand and sit up straight - No Slouching!
6. If lifting over 25 lbs. - Get Help!
7. Avoid Alcohol
8. No more than 30% of your daily calories should come from fat. (avoid saturated fats)
9. Think POSITIVE
10. Get regular Chiropractic Care

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Bernice Alma Fox, from a Charlotte, N.C., were Bryant, umford, ver. e, most ve built

East Bethel

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October is Health Month

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Chiropractic Health Center

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30% of your daily calories should from fat. (avoid saturated fats)

IVE

Chiropractic Care



Apples

Continued from page 1
couple plans to make cider through November.

Pick your own

Orchard owner Frank Gibson also lets people pick-their-own apples for 30 cents a pound. The apple picking season should continue for another three weeks, he said. Anyone interested in picking apples or watching a pressing can call 836-2972 or 836-2702. Frank said people should call ahead near the end of the season to make sure apples are still available.

At the Korhonen Farm in West Bethel, Juanita has been busy making apple pies, dumplings and jelly and candy apples. The Korhonen's also press their own cider and have apples for sale, as well as pumpkins, carrots and other vegetables.

At the Stearns Orchard in Albany visitors can also pick their own apples. The orchard is located on the Hunt's Corner Road off Route 5 at Hunt's Corner. Owner Chris Cooper said road signs will lead pickers to the hillside orchard. Cooper said the apples sell for 35 cents a pound or 15 cents a pound for drop apples.

APPLE TIME ACTION—Clockwise from upper left, Frank Gibson and grandson James Gibson gather apples recently in Frank's Northwest Bethel orchard. James also helps his mother Kristen Gibson pick up drop apples to press into cider. Crescent Park kindergarten Dale Thompson stretches to reach an apple on the Korhonen Farm in West Bethel. Kristen Gibson prepares to make cider with the antique cider mill that she and her husband Ira renovated. Kyle Gordon, left, and Whitney Thames look over the chickens on the Korhonen Farm. Phil Korhonen demonstrates his apple picking technique to the CPS kindergarteners who visited his farm last week. Top center photo, Justin Donnaruma slips a Korhonen cow some hay, while Mathew Gordon, below, gets a friendly greeting from one of the Korhonen's barn kittens.

(Photos by Wendy Hanscom)

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Casey Swan treks

Casey Swan, a first year student at Colby College in Waterville, started her college career with an adventure in the great Maine outdoors on a Colby Outdoor Orientation Trips (COOT).

The daughter of Laska Swan of West Paris, and Keith Swan, Casey spent four days exploring Maine on the Nature Conservatory hiking trip. COOT was designed 18 years ago to give students an opportunity to explore the breathtaking state in which they will attend college and to get to know a few other students in a relaxed atmosphere. Each trip consists of 10 new students and is led by two returning students and a member of the faculty, staff or alumni.

FREE LEGAL PROGRAMS ON SURVIVING SPOUSE ISSUES

The Maine State Bar Association will present three free programs about surviving spouse issues on Tuesday, Oct. 20. The programs will be held at 10 a.m. at The Auburn Esplanade in Auburn and the First United Methodist Church in Bangor, and at 1 p.m. at the 55 Plus Center in Brunswick.

A surviving spouse is often faced with a number of legal decisions which can be thought out in advance, sparing much anxiety at a time when grief can make decision making nearly impossible. This program will cover such matters as transfers of assets, the need for probate, health insurance, investments, tax returns, estate planning, powers of attorney, sale of residence, options in new housing and more. This workshop shows how advance planning by couples can benefit the surviving spouse.

In Auburn the presentation will be made by Mary C. Toole, Esquire, of Vogel, Toole & Saxby, Portland; in Brunswick, the program will be led by John Moncreur, Esquire of Moncreur and Barnicle, Brunswick; and Roberta S. Kuriloff, Esquire, of Ellsworth, will present the program in Bangor. The workshops are open to the public as a free public service of the Maine State Bar Association. However, because space is limited, pre-registration is required before Oct. 15.

For more information or to register, contact Virginia Wilder Cross, Public Affairs Director, Maine State Bar Association, 124 State St., P.O. Box 788, Augusta, Maine 04332-0788, telephone 622-7523.

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**Saturday,
October 10th**
9:00-3:00
**CRAFT, BAKE &
YARD SALE**

Sunday River Inn Parking Lot
Sunday River Road, Newry
Proceeds to Benefit
Short Term Mission project to Honduras
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5-9 pm
Sunday Brunch
8 am - 1 pm
Main Street, Bethel
824-2755

Tourmaline Music Festival will benefit Jason Rowland

The second annual Tourmaline Music Festival will be held on Oct. 24 at the Muskie Auditorium, Mountain Valley High School in Rumford at 7 p.m. The festival is a benefit, organized by Tourmaline Music, an independent record label based at The Outlook Recording Studio in Bethel. This year's festival will benefit Jason Rowland, who is recovering from a brutal stabbing which took place at Dunkin' Donuts in Manchester, N.H., over Labor Day weekend.

Jason is a drummer who has played on many Tourmaline recordings and with local bands including some of the performers who will be featured at the festival.

There will be performances by Maine humorist Joe Perham, offbeat humor and music by Sonny Probe, Chicago-style blues by Hit 'n Run, melodic rock by Sky Frontier, country songs by Sam Chapman, reggae by The Wobblies, progressive metal by Jason's band, Peace Corps, and a performance by singer/songwriter Thea Dunn. Thea was the beneficiary of last year's festival during her treatment for cancer.

In addition to music and humor, there will be drawings for many items and gift certificates donated by area businesses and individuals. Some of the items include gift certificates for dinners at local restaurants, video rentals, CDs and tapes, an airbrushed T-shirt, a stained glass window, a pair of tourmaline earrings, and more. There will also be refreshments available.

Tickets are \$5 for adults, \$3 for students (under 18), and all proceeds will benefit Jason Rowland. Donations are being accepted by Tourmaline Music, and anyone wishing to advertise in the program, make donations of items or certificates for the drawings, or contribute baked goods and other refreshments should contact Conni St. Pierre at 824-3246 or Thea Dunn at 364-3481.

"Incident at Oglala" at Gould

On Sunday, Oct. 11, Gould Academy will present "Incident at Oglala" at 7:30 p.m. in the Bingham Auditorium.

The movie explores the circumstances surrounding the murder of two FBI agents on the Pine Ridge Reservation in South Dakota in 1975.

On June 6, 1975, two FBI agents drove onto the Pine Ridge reservation allegedly following a red pick-up truck. A shoot-out occurred, leaving both agents and a Native American dead. The death of the agents led to one of the biggest manhunts in FBI history.

Of the four men eventually indicted for the murder of the agents, one was released due to "weak" evidence. Two others were acquitted in July, 1976, when a jury concluded that although they had fired at the agents, they had done so in self defense.

Leonard Peltier was indicted on the same charges, but not tried until the following year, after his extradition from Canada.

Peltier was convicted on two counts of murder in the first degree and is in his 16th year in prison for a crime he steadfastly maintains he did not commit.

Since Peltier's conviction in 1977, the courts have rejected four appeals for a new trial. In 1985, 55 members of Congress filed an Amicus Brief in support of Peltier receiving a new trial.

A fifth appeal for a new trial, filed on March 23, 1992, is currently before the U.S. Eighth Circuit Court of appeals.

"Incident at Oglala" is a Robert Redford film and presents the evidence in the case and asks the audience to be the judge.

"Above all else, this is a film about the American justice system and how, at its heart, this system deals with minorities and specifically Native Americans. It is my hope that 'Incident at Oglala' will give the American public a deeper understanding not only of the Peltier case, but also of the continuing plight of Native Americans and of all minorities in this country," said narrator and executive producer Robert Redford.

The movie is free to the public.

Mahoosuc Arts notes:

Just a quick reminder that Mahoosuc Arts in conjunction with Sunday River and our sponsors: Bethel Citizen, Boise Cascade, CRI Sports, Gould Academy, Groan & McGurn and Lewiston Sun Journal, will be hosting a Hike/Walk/Run on Saturday, Oct. 10 at Sunday River. Registration for the race begins at 8:30 a.m., and the location for signing up will be in the South Ridge dining area. There you will pick up your race pack and information about the event. Any further questions, please call 824-3575.

Additionally, Mahoosuc Arts is pleased to announce the arrival of Charles Hewitt, who will be speaking on Oct. 9 from 7 to 9 p.m. at Gould Academy's Gehring Hall (the dining hall), on Church St. He plans to present a slide presentation of his work followed by an informal discussion with participants. Refreshments and snacks will be provided. Hewitt has been showing his work throughout Maine in the past month; his name and work are becoming familiar to many. Hewitt is a native of Lewiston, and has been working and living in New York City for over 20 years. He works with various art media, such as sculpture, drypoint etching, painting, and woodblock construction. His Bethel slideshow presentation and discussion will be free and open to all members of the community.

Dancing

Jackson-Silver Post #68
Gore Road, Locke Mills
8:30 p.m.-12:30 a.m. • BYOB
\$8.00 per person • Advance Ticket Sales

October 10: RIDGE RIDERS

For reservations call 743-5585



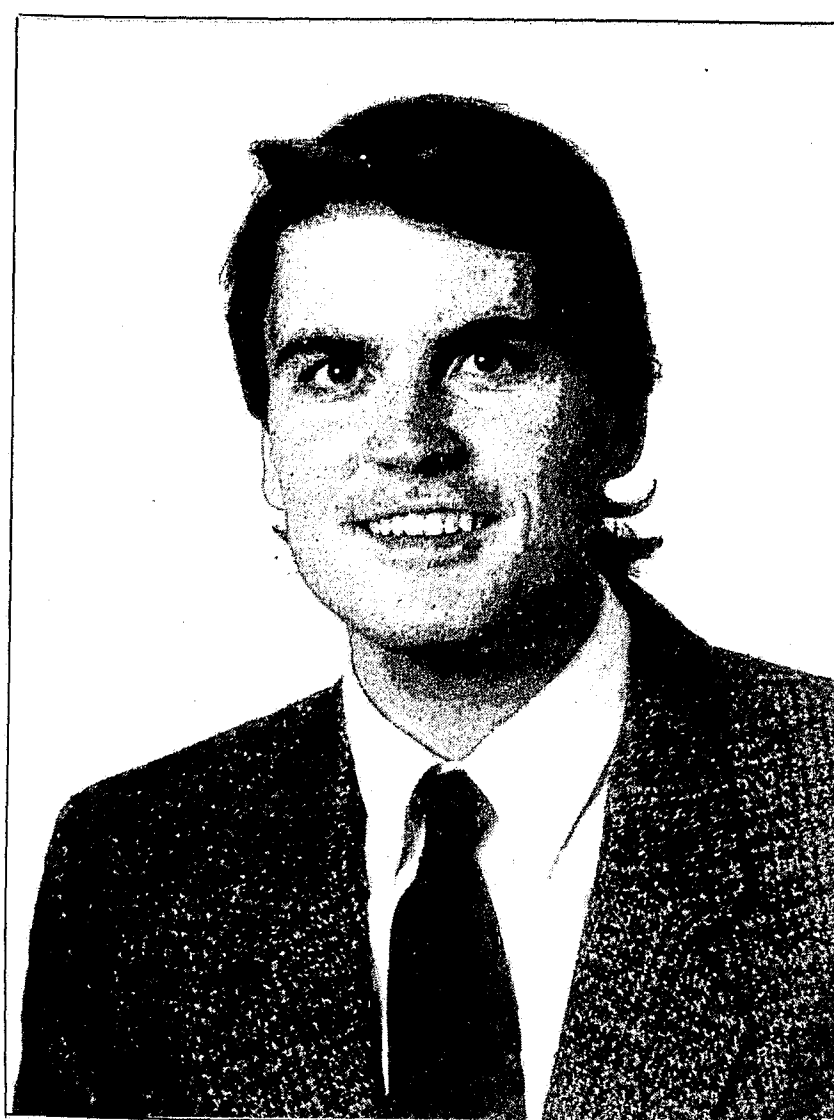
"There is nothing which has yet
been contrived by man by which
so much happiness is produced
as by a good tavern..."

Dr. Samuel Johnson

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Steve Sanborn recognized by Fulbright, Sen. Cohen

Gould Academy biology teacher Steve Sanborn was recently recognized by the Fulbright Teacher Exchange Program and by Maine Senator William Cohen.

Sanborn received recognition for his contribution to the Fulbright program, which began with an exchange of Sanborn and Hungarian teacher Zoltan Fodor, and resulted in an exchange of 60 students between Gould Academy and the Varga Katalin Gimnazium in Szolnok, Hungary.

All Fulbright exchange teachers receive certificates of appreciation, but according to Jochen Hoffman, head of Teacher Office at the United States Information Agency, "Mr. Sanborn had gone more than the extra mile in fulfilling the goal of increasing mutual understanding between Americans and Hungarians." Hoffman had learned of Sanborn's, and the Academy's, unusual program through conversations with officials at the U.S. Embassy in Budapest.

Sen. Cohen also praised Sanborn, saying in a letter to Gould Academy: "I was impressed by the extraordinary initiative demonstrated by Stephen Sanborn in the mutual exchange between Varga Katalin and Gould Academy."

Sanborn has returned to teaching biology at Gould this year after travels throughout Europe.

DANCERS IN AUGUSTA

Attending the Oct. 4 all-day Dance Workshop in Augusta for students and teachers along with Susan Farrar were Jennie and Amy Howe, Donna Lawrence and Jamie Grover.

Lynda Gache, Dance Olympics faculty, Radio City Rockette and June Taylor, dancer, taught classes in jazz and tap.

Andree Bassov, dancer, teacher, choreographer, from Kirov Ballet in Russia, taught ballet.

HANSCOM ASSISTS IN UMF PRODUCTION OF "DRACULA"

Rebecca Hanscom of West Bethel is assistant director of the University of Farmington's production of "Dracula."

The story is based on Bram Stoker's novel "Dracula," first published in 1897. The Hamilton Dean play, with collaboration from John L. Balderston, will be presented on Oct. 22 through 25 at 7:30 p.m. in the UMF Alumni Theatre.

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8 a.m.-9 p.m., Friday & Saturday

Telephone 824-6657



From the Bethel Area Chmb. of Commerce

The Bethelopoly game sample has arrived, so anyone who is interested in seeing it before ordering one may come to the chamber office. They are for sale at \$18 plus tax. The shipment of 500 games will arrive the week of Oct. 19. We will be taking orders all day Saturday-Sunday at the Blue Mountains Arts and Crafts Festival at Sunday River.

The Bethel area retailers will be meeting this Friday, Oct. 9 at 7:45 at the Key Bank. All are welcome. The Marketing Committee will be meeting from 7:30-10 a.m. on Thursday to discuss a marketing plan for 1993. Those who are interested in providing input on this effort should call the office or come to this meeting.

The date for the October Business After Hours has not yet been established, but the hosts will be Dan Reich and Janet Willie. We'll announce it soon.

PUGET SOUND UNIVERSITY

Sara D. Ryan, admission counselor for the University of Puget Sound in Tacoma, Wash., will visit the local area to provide information for students interested in attending Puget Sound.

On Monday, Oct. 12 at 11:15 p.m., Ryan will be at Gould Academy; and at 2 p.m., she will be at Hebron Academy.

The University of Puget Sound is a small, independent university providing education in the liberal arts, sciences, professions, and in law.

PFC. MYRON WINSLOW- COMPLETES TRAINING

Marine Pfc. Myron L. Winslow, son of Carol E. and Myron L. Winslow Jr. of 333 Perkins Valley Road, Bryant Pond, recently completed recruit training and was promoted to his present rank.

He is a 1992 graduate of Telstar Regional High School.

PLAYGROUND COMMITTEE

The Bethel Area Playground Committee has had its first meeting held on Wednesday, Sept. 27 at the Keane residence. At the meeting a design for the playground was discussed, as was surfacing for the playground, funds to build it, and a time frame for the project.

It is the committee's hope that the playground will be created at the Davis Park site in Bethel. This area has already been approved once for a playground, although funds were not enough to build it.

An informational package will be available soon. Anyone interested in helping in any way is asked to contact Marie Keane at 824-2608 or Marci Baker at 824-2213.

BETHEL DEMS TO MEET

Paul McGuire, Chairman of the Bethel Democratic committee has announced that a committee meeting will be held at the Rockie Graham campaign headquarters on Route 2, Mayville, on Oct. 11, at 7:30 p.m.

The agenda will include regular party business matters and planning for campaign work in the final month of the election season. All Bethel area Democrats or voters supporting Democratic candidates who are interested in working in any capacity are urged to attend this important meeting.

FERGUSON MOVES EYECARE PRACTICE TO FRYEBURG

Hanover native N. Scott Ferguson has opened a new optometry practice on Main Street in Fryeburg.

Dr. Ferguson and his associate Charles T. Seidel had been practicing in Bridgton.

Ferguson and his wife, Lisa Ramsey Ferguson, are natives of Hanover. Scott is the son of Barbara and Norman Ferguson; Lisa is the daughter of Lynne and Paul Ramsey, all of Hanover. The couple has two boys Eric, 6, and Ian 3. They live in Madison, N.H.



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EASY ON THE POCKETBOOK

MOTHERS

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HAPPENINGS...

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Open 7 days for breakfast, lunch and dinner. Traditional New England and continental fare with 16 entree choices and music on the Steinway.

The Perfect Luncheon Place:
Complete luncheon selections available everyday including sandwiches, fruit and chef's salads, homemade soups and specialties like spicy buffalo wings and grilled marinated chicken breast plate. Luncheon served either on the Mill Brook Terrace, Rec Center or Main Dining Room. Jim Stoner entertains nightly (except Sunday & Monday) at the piano bar.

Golf:
The 18-hole championship course is in its third full season and has been ranked among the top ten in the northeast by America's Greatest Golf Resorts magazine. Home of the New England PGA Fall Festival Pro Am and the Guaranteed Performance School of Golf.

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THURSDAY EVENING OCTOBER 8, 1992

	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
(3)	Cheers	Murphy B.	Movie: "Houseboat"				Hogan's H.	Cheers	H'mooner	
(5)	Life Goes On	Young Riders	Father Dowling	700 Club			Scarecr.-King			
(6)	Murphy B.	Roseanne	Dif. World	R&B	Cheers	Wings	First Person: Exposure	News		
(8)	Fortune	Jeopardy!	Delta	Room-Two	Homefront		Primetime Live	News	Nightline	
(10)	MacNeil/Lehrer	Maine-	Maine-	Mystery!			Reilly: Ace of Spies	Piglet Files	Thompson	
(11)	Sportsctr.	College Football: Colorado at Missouri						Sportscenter		
(12)	VideoPM Cont'd	Crook and Chase	Nashville Now				Laff TV	Club Dance		
(13)	Entertain.	Edition	Top Cops	Major League Baseball Playoffs: ALCS Game Two				News		
(14)	Peter Vaas	Baseball	Soccer: Route to '94				Swimming	NHL Hockey: Whalers at Bruins		
(15)	Movie: "Stepping Out"				Movie: "Crackdown"		First Look	Inside the NFL		
(17)	Movie: "The Rocketeer"				Movie: "Meet John Doe"			Medal of Honor: Korea		
(18)	The Magnificent Seven	Movie: "Used Cars"					Movie: "Diplomatic Immunity"	Double T.		
(20)	Bruins	NHL Hockey: Hartford Whalers at Boston Bruins					M'tsports	This Week in NASCAR		
(21)	Unsolved Mysteries	L.A. Law			Movie: "Ski Lift to Death"			Thirtysomething		
(22)	B. Hillbillies	Sanford	Shaka Zulu				Movie: "King Solomon's Mines"			
(24)	Pete-Pete	Bullwinkle	Get Smart	Superman	M.T. Moore	Van Dyke	Dragnet	Hitchcock	Lucy Show	Gr. Acres
(25)	New York Film		Movie: "Spartacus"						Badman's	
(26)	Quantum Leap	Murder, She Wrote			Movie: "Silhouette"			MacGyver		
(27)	Wilderness	In Search	Real West		Wildlife Mysteries		Brute Force: Weapons	Evening at the Improv		
(32)	Gimme B.	Fish	Renegade		Highlander: The Series		News	Love Boat		
(34)	Design. W.	Jeffersons	Movie: "KISS Meets the Phantom of the Park"				News	Night Court	Highlander	
(39)	Moneyline	Crossfire	Primenews		Larry King Live		World News	Sports	Moneyline	

SUNDAY EVENING OCTOBER 11, 1992

	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
(3)	WKRP	ALF	Movie: "Chapter Two"				Manager	Sports	H'mooner	
(5)	Mansion	Rin Tin Tin	Skies	Stallion	Family Edition		In Touch	Ben Haden	Ankerberg	
(6)	Secret Service	I Witness Video			Movie: "Lady Boss"			News	Sports	
(8)	Life Goes On	Videos	Funnies		Movie: "Overexposed"			News	Emer. Call	
(10)	Faerie Tale Theatre	Columbus' Magnificent Voyage						Reilly: Ace of Spies		
(11)	NFL	Chck. Flag	Auto Racing		Amazing Games: Indonesia		Games	Sportscenter		
(12)	American Sports Cavalcade		Raceday	Mechanic	Speed	Buckmstr.	Truckin'	News	Winners	
(13)	60 Minutes	Baseball	Major League Baseball Playoffs: NLCS Game Five					News		
(14)	Europe Soccer	Equestrian			College Football: California at Washington			College Football		
(15)	Rock'n'Roll		Movie: "Livin' Large!"		One Night	Kids in Hall	Movie: "White Light"			
(17)	Movie: "The Monkey's Uncle"		Discover	Paul McCartney			Movie: "The Sundowners"			
(18)	"Young Guns II" Cont'd	Movie: "Wall Street"						True Cirs.		
(20)	College Soccer: Seton Hall at Connecticut				Tennis: ATP Tour Swiss Indoors Tournament		ATP Mag.	Football		
(21)	Journal	Milestones	Medicine	Family	Cardiology	Medicine	Ob/Gyn	Family	Physicians	Family
(22)	Movie: "An Eye for an Eye"				National Geographic Explorer			Earth	Beauty II	
(24)	Belief	Looney	Looney	F-Troop	Mork	Van Dyke	Lucy Show	I'm Home	M.T. Moore	Dragnet
(25)	Movie: "Raffles"			Stars and Stripes: Hollywood & WWII			Movie: "Follow the Boys"			
(26)	MacGyver		Movie: "Invasion of Privacy"				Counterstrike	Silk Stalkings		
(27)	Comedy on the Road		Movie: "Monty Python and the Holy Grail"			House of Elliott		Rave		
(32)	Star Search	Gloria	Gimme B.	Jackie Mason			News	JBTV	Paid Prog.	Paid Prog.
(34)	"My Father's House"		"Without Warning: The James Brady Story"				News	Design. W.	Kojak	
(39)	World	Sport Sun.	Primenews		In Review	Campaign	Battle to Lead	Sports	Business	

FRIDAY EVENING OCTOBER 9, 1992

	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
(3)	Cheers	Murphy B.	Movie: "That Darn Cat"				Hogan	Cheers	H'mooner	
(5)	Big Jake	Mansion	Movie: "McHale's Navy Joins the Air Force"				700 Club	Scarecr.-King		
(6)	Murphy B.	Roseanne	Final App.	Happened	Round Table		I'll Fly Away	News		
(8)	Fortune	Jeopardy!	Family	Step by S.	Dinosaurs	Wilder	20/20	News	Nightline	
(10)	MacNeil/Lehrer	Wash. Wk.	Wall St.	Wait God	Keep Up		Served	May-Dec.	Russell	Ruby Gent
(11)	Sportsctr.	NHL Hockey: New Jersey Devils at Philadelphia Flyers						Harness Racing	Sportsctr.	
(12)	VideoPM Cont'd	Crook and Chase	Nashville Now				Encore	Club Dance		
(13)	Entertain.	Edition	G. Palace	Major League Baseball Playoffs: NLCS Game Three				News		
(14)	Post Time	College Football: Southern Connecticut State at Hofstra					Inside Pitch	Football	Football	
(15)	Inside the NFL		Movie: "The Road Warrior"				Movie: "Interceptor"		Crypt Tales	
(17)	Movie: "The Canterville Ghost"						Movie: "It's a Wonderful Life"		Ghost-Mrs.	
(18)	"Death on the Nile"	Movie: "Paper Mask"					Movie: "Night Eyes 2"		Carnal Cr.	
(20)	Red Sox	ATP Mag.	Women's College Volleyball: Rice at Houston				Volleyball: Great Western Bank Team Cup			
(21)	Unsolved Mysteries	L.A. Law			Movie: "Acceptable Risks"			Thirtysomething		
(22)	B. Hillbillies	Sanford	Shaka Zulu				"Allan Quatermain and the Lost City of Gold"			
(24)	Looney	Bullwinkle	Get Smart	Superman	M.T. Moore	Van Dyke	Dragnet	Hitchcock	Lucy Show	Gr. Acres
(25)	Movie: "Alexander's Ragtime Band"				Movie: "The Four Feathers"				"Beginning of the End"	
(26)	Quantum Leap	Murder, She Wrote			Movie: "Fatal Exposure"				"Roller Blade Warriors"	
(27)	Wilderness	In Search	Time Machine		Investigative Reports		Caroline's Comedy Hour	Evening at the Improv		
(32)	Gimme B.	Temps.	Ironsides		Kojak		News	Love Boat		
(34)	Design. W.	Jeffersons	Movie: "Halloween III: Season of the Witch"				News	Night Court	Comedy	
(39)	Moneyline	Crossfire	Primenews		Larry King Live		News	Explorers	Sports	Moneyline

MONDAY EVENING OCTOBER 12, 1992

	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
(3)	Cheers	Murphy B.	Movie: "Flight of the Navigator"				Odd Cple.	Hogan	Cheers	H'mooner
(5)	Life Goes On	Young Riders	Father Dowling	700 Club			Scarecr.-King			
(6)	Murphy B.	Roseanne	Fresh Pr.	Blossom			Movie: "Lady Boss"			
(8)	Fortune	Jeopardy!	Young Indiana Jones				NFL Football: Denver Broncos at Washington Redskins			
(10)	MacNeil/Lehrer		Space Age				Surviving Columbus	Sayle	McLaughlin	
(11)	Sportsctr.	Schaap	NFL Mon.	Mon. Mag.	Beach Volleyball		Expedition Earth	Timber	Sportsctr.	
(12)	VideoPM Cont'd	Crook and Chase	Nashville Now				On Stage	Club Dance		
(13)	Entertain.	Edition	Shade	Hearst	Murphy B.	Love-War	Northern Exposure	News		
(14)	Don Cherry	NHL Hockey: Hartford Whalers at New York Rangers						Sportswriters on TV	Hockey	
(15)	Empire Strikes		Movie: "Return of the Jedi"				1st Look	Movie: "Dead Again"		
(17)	Tall Tales & Legends	Avonlea			Christopher Columbus				Pepper	
(18)	"Flight of the Intruder"				Movie: "Tatie Danielle"			Movie: "Poison"	Lower L.	
(20)	Bruins	NHL Hockey: Ottawa Senators at Boston Bruins						Skier's Buyers Guide	Hockey	
(21)	Unsolved Mysteries	L.A. Law			Movie: "Choices"				Thirtysomething	
(22)	B. Hillbillies	Columbus	Movie: "No Time for Sergeants"					Movie: "Billy Jack"		
(24)	Doug	Doug	Get Smart	Superman	M.T. Moore	Van Dyke	Dragnet	Hitchcock	Lucy Show	Gr. Acres
(25)	"Everything Happens at Night"				Movie: "Thin Ice"				Movie: "The Half-Naked Truth"	Everything
(26)	Quantum Leap	Murder, She Wrote			WWF Prime Time Wrestling				MacGyver	
(27)	Wilderness	In Search	Wolper Pres.		Sherlock Holmes		Lovejoy		Evening at the Improv	
(32)	Gimme B.	Gloria	Jackie Mason		Kojak		News	Love Boat		
(34)	Design. W.	Jeffersons	Movie: "How to Break up a Happy Divorce"				News	Night Court	Kojak	
(39)	Moneyline	Crossfire	Primenews		Larry King Live		World News	Sports	Moneyline	

SATURDAY EVENING OCTOBER 10, 1992

	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
(3)	Family Ties	WKRP	Movie: "Rough Cut"					Movie: "Sharky's Machine"		
(5)	Rin Tin Tin	Zorro	Young Riders		Movie: "Desperado: The Outlaw Wars"			Bonanza		
(6)	Memories	Suspect	Here-Now	All Night	Empty Nest	Nurses	Sisters	News	Sat. Night	
(8)	Fortune	Jeopardy!	Covington Cross	Crossroads			Comish	News	Married...	
(10)	Maine	Media W.	Movie: "Black Narcissus"		Lighthouse		Austin City Limits		Movie: "Go for Broke!"	
(11)	Scoreboard	College Football: Notre Dame at Pittsburgh						College Football: Stanford at UCLA		
(12)	Ctry. Beat	Texas	Opry	GrandOpry	Staller Bros.		American Music Shop	Opry	GrandOpry	
(13)	Star Search		New WKRP	Major League Baseball Playoffs: NLCS Game Four				News		
(14)	Tennis	NHL Hockey: Buffalo Sabres at Hartford Whalers					CFL Football: Eskimos at Argos			
(15)	"The Princess Bride"		Michael Jackson in Concert: The Dangerous Tour		Dream On		Sanders	Movie: "Stone Cold"		
(17)	Movie: "Jetsons: The Movie"		Flintstones		Movie: "The Journey of Natty Gann"			Magical Mystery Tour		
(18)	"The Slugger's Wife"		Movie: "The Accused"				Movie: "29th Street"			
(20)	NHL Hockey: New York Islanders at Boston Bruins						College Soccer: Georgetown at Boston College			
(21)	"Death Dreams" Cont'd		Movie: "The Day After"				Confession	Unsolved Mysteries		
(22)	WCW Saturday Night		Movie: "Mackenna's Gold"					Olympic Gold		
(24)	Doug	Rugrats	Clarissa	R'house	Ren-Stumpy	Alfred?	Hitchcock	Gr. Acres	M.T. Moore	Dragnet
(25)	"Wings"		Movie: "Spitfire"				Movie: "Roman Scandals"		Movie: "Wings"	
(26)	Quantum Leap	Swamp	Beyond	Bradbury	Hitchhiker			Silk Stalkings	Rock Video Girls	
(27)	Travelquest	Hm. Again	Movie: "Married to Murder"				Comedy on the Road	Evening at the Improv		
(32)	Family		Movie: "Dr. Strange"				News	News'thy	Howard Stern	
(34)	Runaway	Fortune	Movie: "Airport 1975"				News	Suspect	Objective	
(39)	Capital	Sports Sat.	Primenews		Both Sides	Sources	World News	Sports	Capital	

TUESDAY EVENING OCTOBER 13, 1992

	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
(3)	Cheers	Murphy B.	Movie: "On Wings of Eagles"					Cheers	H'mooner	
(5)	Life Goes On	Young Riders	Father Dowling	700 Club			Scarecr.-King			
(6)	Murphy B.	Decision	Quantum Leap		Reasonable Doubts		Dateline	News		
(8)	Fortune	Jeopardy!	Full House	Mr. Cooper	Roseanne	Coach	Going to Extremes	News	Nightline	
(10)	MacNeil/Lehrer		Nova		Frontline		Listening to America	Austin City Limits		
(11)	Sportsctr.	Auto Race	Auto Racing: IMSA		Auto Racing		Drag Racing: NHRA	Auto Race	Sportsctr.	
(12)	VideoPM Cont'd	Crook and Chase	Nashville Now				Eddy Arnold	Club Dance		
(13)	Entertain.	Edition	Rescue	Major League Baseball Playoffs: NLCS Game Six				News		
(14)	Outdoor	Lou Holtz	Equestrian		Tuesday Night Football		Powerboats	Baseball	Baseball	
(15)	"Honeymoon Academy"		Movie: "Running Mates"		Lifestories		Sanders	Movie: "Delusion"		
(17)	Worst W.	Zorro	Disney Monster		Christopher Columbus				Questor	
(18)	"Memphis Belle" Cont'd		Movie: "Scanners II: The New Order"				Movie: "Happy Hell Night"		Two Jakes	
(20)	Rugby World		Table Tennis		Table Tennis		Table Tennis	Volleyball: Team Cup		
(21)	Unsolved Mysteries	L.A. Law			Movie: "Mac and Me"				Thirtysomething	
(22)	B. Hillbillies	Sanford	Movie: "Bustin' Loose"				Movie: "Year of the Dragon"			
(24)	Looney	Bullwinkle	Get Smart	Superman	M.T. Moore	Van Dyke	Dragnet	Hitchcock	Lucy Show	Gr. Acres
(25)	Movie: "Symphony of Six Million"				Movie: "Magnificent Obsession"				"I Remember Mama"	
(26)	Quantum Leap	Murder, She Wrote			Boxing				MacGyver	
(27)	Wilderness	In Search	Biography		Aaron Copland		Playwrights Theater	Evening at the Improv		
(32)	Gimme B.	Fish	"Perry Mason: The Case of the Notorious Nun"				News	Love Boat		
(34)	Design. W.	Jeffersons	Movie: "Remember When"				News	Night Court	Renegade	
(39)	Moneyline	Crossfire	Primenews		Larry King Live		Cand.-Economy	Sports	Moneyline	

WEDNESDAY EVENING OCTOBER 14, 1992

	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
(3)	Cheers	Murphy B.	Movie: "On Wings of Eagles"				Odd Cple.	Hogan	Cheers	H'mooner
(5)	Life Goes On		Young Riders		Father Dowling		700 Club		Scarecr.-King	
6	Murphy B.	Roseanne	Unsolved Mysteries		Seinfeld	Mad-You	Law & Order		News	
8	Fortune	Jeopardy!	Wonder Y.	Doogie H.	Home Imp	Laurie Hill	Civil Wars		News	Nightline
10	MacNeil/Lehrer		Sci. Frontiers		Cuban Missile Crisis		Campaign for Cuba		Minister	Fields
(11)	Sportsctr.	PBA Bowling: Suncoast Senior Open			Boxing: Bruce Seldon vs. Tony Tubbs				Speedweek	Sportsctr.
(12)	VideoPM Cont'd		Crook and Chase		Nashville Now			On Stage	Club Dance	
13	Entertain.	Edition	Baseball		Major League Baseball Playoffs: NLCS Game Seven				News	
(14)	Baseball	NHL Hockey: Ottawa Senators at Hartford Whalers						Tennis	Tuesday Night Football	
(15)	Mission	First Look	Movie: "Guilty by Suspicion"				Crypt Tales	Dream On	One Night	White Light
(17)	Katy Meets	Ramona	Movie: "The Ugly Dachshund"			Movie: "Robin Hood's Greatest Adventures"			Capture	
(18)	"Lena's Holiday" Cont'd	Movie: "Hangfire"			Movie: "Class of 1999"			"The Rejuvenator"		
(20)	Track and Field		College Soccer: Connecticut at Providence			Legends of Volleyball				
(21)	Unsolved Mysteries		L.A. Law		Movie: "Having Babies II"				Thirty-something	
(22)	B. Hillbillies	Sanford	Movie: "National Lampoon's Animal House"					Movie: "Breaker! Breaker!"		
(24)	Looney	Bullwinkle	Get Smart	Superman	M.T. Moore	Van Dyke	Dragnet	Hitchcock	Lucy Show	Gr. Acres
(25)	Movie: "Thunder in the Sun"			Anthony P.		Movie: "Psycho"		"Thunder in the Sun"		
(26)	Quantum Leap		Murder, She Wrote		Movie: "Writer's Block"			MacGyver		
(27)	Wilderness	In Search	Air Combat		Am. Justice	Spies	Flights	Travelquest	Evening at the Improv	
(32)	Gimme B.	Temps.	"Perry Mason: The Case of the Avenging Ace"				News		Love Boat	
(34)	Design. W.	Jeffersons	Movie: "September Sun"				News		Night Court	Justice
39	Moneyline	Crossfire	Primenews		Larry King Live		World News		Sports	Moneyline

9:30	10:00	10:30	11:00	11:30
	Manager	Sports	H'mooner	
	In Touch	Ben Haden	Ankerberg	
		News	Sports	
		News	Emer. Call	
		Reilly: Ace of Spies		
Indonesia	Games	Sportscenter		
ed Buckmstr.	Truckin'	Trucks	Winners	
ffs: NLCS Game Five		News		
California at Washington		College Football		
Night	Kids in Hall	Movie: "White Light"		
	Movie: "The Sundowners"			
	Movie: "Pale Blood"			
		True Clrs.		
or Swiss	Indoors Tournament	ATP Mag.	Football	
discipline	Ob/Gyn	Family	Physicians	Family
phic Explorer		Earth	Beauty II	
dyke	Lucy Show	I'm Home	M.T. Moore	Dragnet
& WWII	Movie: "Follow the Boys"			
	Counterstrike		Silk Stalkings	
	House of Eliott		Rave	
	News	JBTV	Paid Prog.	Paid Prog.
	News	Design. W.	Kojak	
ampaign	Battle to Lead	Sports	Business	

9:30	10:00	10:30	11:00	11:30
	Odd Cple.	Hogan	Cheers	H'mooner
	700 Club		Scarecr.-King	
			News	
Denver Broncos at Washington Redskins				
abus		Sayle	McLaughlin	
ill	Expedition Earth	Timber	Sportsctr.	
	On Stage	Club Dance		
ve-War	Northern Exposure	News		
	Sportswriters on TV	Hockey		
	1st Look	Movie: "Dead Again"		
lumbus		Pepper		
	Movie: "Poison"	Lower L.		
	Skier's Buyers Guide	Hockey		
ts"		Thirtysomething		
	Movie: "Billy Jack"			
an Dyke	Dragnet	Hitchcock	Lucy Show	Gr. Acres
	Movie: "The Half-Naked Truth"		Everything	
me Wrestling		MacGyver		
es	Lovejoy	Evening at the Improv		
	News	Love Boat		
ce"	News	Night Court	Kojak	
	World News	Sports	Moneyline	

9:30	10:00	10:30	11:00	11:30
			Cheers	H'mooner
	700 Club		Scarecr.-King	
oubts	Dateline		News	
Coach	Going to Extremes		News	Nightline
	Listening to America		Austin City Limits	
	Drag Racing: NHRA		Auto Race	Sportsctr.
	Eddy Arnold		Club Dance	
yoffs: NLCS Game Six			News	
LifeStories	Sanders	Movie: "Delusion"	Baseball	Baseball
Columbus			Questor	
	Movie: "Happy Hell Night"		Two Jakes	
	Table Tennis	Volleyball: Team Cup		
and Me"		Thirtysomething		
	Movie: "Year of the Dragon"			
an Dyke	Dragnet	Hitchcock	Lucy Show	Gr. Acres
nificant Obsession"			"I Remember Mama"	
			MacGyver	
ad	Playwrights Theater		Evening at the Improv	
ous Nun"	News		Love Boat	
	News		Night Court	Renegade
ve	Cand.-Economy		Sports	Moneyline

9:30	10:00	10:30	11:00	11:30
	Odd Cple.	Hogan	Cheers	H'mooner
	700 Club		Scarecr.-King	
ng			News	
Mad-You	Law & Order		News	Nightline
Laurie Hill	Civil Wars		News	Nightline
le Crisis	Campaign for Cuba		Minister	Fields
ce Seldon vs. Tony Tubbs			Speedweek	Sportsctr.
w	On Stage		Club Dance	
layoffs: NLCS Game Seven			News	
	Tennis		Nights Night Football	
	Crypt Tales	Dream On	One Night	White Light
	Movie: "Robin Hood's Greatest Adventures"		Capture	
	Movie: "Class of 1999"		"The Rejuvenator"	
ence	Legends of Volleyball			
ving Babies II"			Thirtysomething	
house"		Movie: "Breaker! Breaker!"		
Van Dyke	Dragnet	Hitchcock	Lucy Show	Gr. Acres
cho"			"Thunder in the Sun"	
ter's Block"			MacGyver	
Spies	Flights	Travelquest	Evening at the Improv	
ging Ace"	News		Love Boat	
	News		Night Court	Justice
Live	World News		Sports	Moneyline

Super Crossword

ACROSS	1 Early seat	51 Operated	93 Large snake	2 Frets	channel off	78 Coarse file
5 Forum garb	52 "Brevity is	54 French	96 Slumbers	3 One of the	the Isle of	79 War god
9 Moss on	the — of wit"	student	97 Flat	4 Make an	Wight	82 "— Me in St.
Broadway?	54 French	55 Farm	bottomed	boat	41 Play person-	Louis"
13 Witty sayings	55 Farm	breeders	99 Trace of	attempt	42 Wild ox	84 Hard fat
17 Slick for	56 Pestle's	companion	corruption	5 Animal of	43 The Garden	86 Piano
George Szell	56 Pestle's	59 Redoutie	100 Membership	Madagascar	State	88 Baby
18 Actor Jack	59 Redoutie	61 Large water	101 Japanese	6 Kind of acid	44 Loose,	89 carriage
19 Moslem ruler	61 Large water	62 — Mahal	national	7 Trick: var.	earthy	90 Metal
20 Character-	62 — Mahal	63 Dining room	park	8 Instrument	deposit	92 A Bantu-
istic style	63 Dining room	surface	104 Stumble	45 Takes to	court	speaking
22 Mountain	65 Surrender	107 Trick takers,	106 Welcome	47 English	seaport	people
nymph	65 Surrender	often	square	48 — Knivel	49 Withered	94 Billy Joel's
23 Land of	67 Elcitt	108 One — time	107 Trick takers,	10 Idi —	51 "Mister —"	instrument
Enchantment	69 Wooden peg	vocally	circle or city	11 Kitchen	(role for	95 Pined
25 Wily follower	or pin	111 Island north	118 District in	12 Garden tool	Henry	96 Prophet
26 Island group	71 Historic	of Australia	Hampshire,	13 Franciscan	Fonda)	100 Put an
west of the	vessel	114 Virginia	England	fricar	end to	101 Cuckoo
Fiji	Guard	seaport	120 Hall diam-	14 Norse god of	102 Actress	103 Cuckoo
28 Site of the	22 Sailors	117 Word with	eters	war	103 Proprietor	104 Mountain
U.S. Coast	75 Fur piece	circle or city	121 Violinist	15 Diacritical	105 English	ash
Guard	covering the	118 District in	Isaac	mark	tree	dramatist
Academy	shoulders	Hampshire,	122 Spicy stew	24 Biblical name	63 Unit of	weight
30 Periodontist's	80 Force or	124 Unfolds	123 Braiden or	27 Decay in	109 Gemini	64 Chinese wax
degree	drive out	125 French	Elore	overripe fruit	66 One, in Paris	etc.
31 Actor Baldwin	81 Check	weapon	126 Adam or	29 Indochinese	68 Heart, lungs,	70 Regret
32 Definite	83 Nominating	127 Pan or rag	Rebecca	kingdom	etc.	deeply
article	84 Play the lead	lead-in	128 Master's	33 Arden et al.	72 Debatable	caterpillar
34 Word with	85 City in New	lead-in	beat	36 Duck genus	73 German hall	74 Defeats at
admiral or	York	brother	129 Rod or	37 Talked wildly	74 Defeats at	bridge
guard	87 A short	brother	129 Rod or	38 Harrow's	76 Pale tinge	
35 Alfonso's	distance	brother	129 Rod or	38 Harrow's		
queen	89 Chang's	brother	129 Rod or	38 Harrow's		
36 With, in Paris	brother	brother	129 Rod or	38 Harrow's		
85 City in New	brother	brother	129 Rod or	38 Harrow's		
York	brother	brother	129 Rod or	38 Harrow's		
37 Actor	brother	brother	129 Rod or	38 Harrow's		
Christopher of	brother	brother	129 Rod or	38 Harrow's		
"Superman"	brother	brother	129 Rod or	38 Harrow's		
39 Hi's wife, in	brother	brother	129 Rod or	38 Harrow's		
comics	brother	brother	129 Rod or	38 Harrow's		
41 "I — tell a lie"	brother	brother	129 Rod or	38 Harrow's		
44 Elys or sells	brother	brother	129 Rod or	38 Harrow's		
46 The Rolling	brother	brother	129 Rod or	38 Harrow's		
91 Rod or	brother	brother	129 Rod or	38 Harrow's		
50 Close by, to a	brother	brother	129 Rod or	38 Harrow's		
	brother	brother	129 Rod or	38 Harrow's		

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
17															21
22															
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101	102	103													
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117															
121															
125															

Weekend happenings

Saturday, Oct. 10

Ninth Annual Blue Mountain Arts and Crafts Festival at the Sunday River Ski Resort from 10 a.m. to 5 p.m. at the South Ridge Center. The festival features over 50 Maine artisans, with exhibits including pottery, photograph, quilting and stained glass. Hot air balloons will also soar over the resort.

Mahoosuc Arts Hike/Walk/Run alpine foot race registration from 8 a.m. to 9:30 a.m. Race time is 10 a.m. The three mile race course starts at Sunday River's South Ridge Center and ascends across three mountain peaks to the summit of Barker Mountain. The race is the final event in the Key Bank/Ski Maine Alpine Race Series.

Free style ski show on the Bethel common at 10 a.m., noon, 2 and 4 p.m. sponsored by Keenan Auction Company. The show will feature Olympians Richard Pierce and Bruce Boleski performing flips, twists, ballet and areals on ski ramp or trampoline.

Mahoosuc Land Trust will hold a 7 p.m. auction at the West Parish Congregational Church in Bethel. Arts, antiques, local services, dining, lodging and other surprises will be auctioned. All proceeds will benefit protection locally significant land.

The Bethel Homecoming Dance from 8 p.m. until midnight will feature The Express Big Band with sounds from the 40s to today. Many of the songs will feature singer Bob Elliot of Woodstock. Throughout the evening, several prizes donated by local businesses will be drawn. Tickets are \$20 per person and are available at the door or at many Bethel businesses.

Sunday, Oct. 11

The Blue Mountain Arts and Crafts Festival continues from 10 a.m. to 5 p.m. at Sunday River Ski Resort.

Sunday River's final Mountain Bike Race Series will wind through a rugged 8.2 mile cross-country course. Registration is at South Ridge Center from 8 a.m. to 9:30 a.m. Race time is 11 a.m.

Other events include a mountain bike log pull competition and a "bunny hop," in which riders attempt to jump their bikes over a stationary bar. The ongoing competitions will be held from 10 a.m. to 3 p.m.

BETHEL SENIOR CITIZENS

The Bethel Senior Citizens will meet Oct. 14 at the West Bethel Grange Hall at 11 a.m. This will be an old-fashioned boiled dinner. Price is \$6. Dr. Hamilton will be the speaker. A wreath will be sold on chances at this meeting for a fundraiser.

VFW MEETING

Bethel Memorial Post 11363 of the Veterans of Foreign Wars will hold its third regular monthly meeting on Thursday, Oct. 8 at 7 p.m. at the Evans Notch Ranger Station on Bridge Street in Bethel. All current members and area veterans interested in joining this new post are encouraged to attend.

MUNDT-ALLEN POST

There will be a supper sponsored by the Legion and Auxiliary for boys and girls who attended the Boys and Girls State in 1992. Parents are included. It will be held on Oct. 13 at 6:30 p.m. A meeting of both units will follow after the supper.

RETIRED TEACHERS MEET

The Oxford County Retired Teachers will meet on Oct. 17 at the Fryeburg Catholic Church. The social period starts at 10:30 a.m., the business meeting at 11. The afternoon program will be Living in Remote Alaska, presented by Rudi and Barbara Honkala. The scholarship fundraiser will be a Cookie Walk.

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The Community Calendar is brought to you by

Thursday, Oct. 8: Maine French Fiddlers, Bingham Hall, Gould Academy, Bethel, 7:30 p.m.
Friday, Oct. 9: Contra Dance, Stone-Smart Legion Hall, Norway, 8-11:30 p.m. Music by Trout Magic Band.
Saturday, Oct. 10: Auction to benefit Mahoosuc Land Trust, West Parish Congregational Church, 7 p.m.
Bethel Homecoming Dance, fundraiser for "Welcome to Bethel Signs", White Cap Base Lodge, Sunday River Ski Resort, 8 p.m.-Midnight, featuring the Express Big Band. Free dessert table and cash bar. Tickets at Prob's Pharmacy or call 824-3400.
Apple Festival, Locke Mills Union Church, open at 10 a.m. Apples, food, t-shirts, cider, games. Hot soup from 11:30-12:30. Crafters space, call 875-2352.
Hike/Walk/Run fundraiser for Mahoosuc Arts Council, 10 a.m. Presidential Range Riders Dance, American Legion Hall, Gorham, N.H., 8 p.m.-12. Crosswinds New Country Band. Tickets at the door.
Saturday-Sunday, Oct. 10-11: Open House, Maine Handicapped Ski Center, Sunday River Ski Resort, 10 a.m.-3 p.m.
Blue Mountain Arts and Crafts Festival, South Ridge Center, Sunday River Ski Resort, Newry, 10 a.m.-5 p.m.
"Thunder in the Sun" MacGyver
Spies Flights Travelquest Evening at the Improv
Ging Ace" News Love Boat
News Night Court Justice
Live World News Sports Moneyline

Wednesday, Oct. 14: Forum for State Legislative Candidates, Lecture Room, Telstar High School, 7 p.m., sponsored by Bethel Area Chamber of Commerce.
District Exchange: Open every Tuesday, 4-6 p.m. and Thursday, 11-4 p.m. at the Ethel Bisbee School, Bethel. Clothing on sale, food available for those in need.
SAFE is a free and confidential support group for presently or formerly abused women. meetings are held in Norway/South Paris on Tuesdays, 9-10:30 a.m. and in Rumford on Fridays, 9-10:30 a.m. Child care is available. For more information, call 824-3600.
Andover Library: Tuesday, Thursday and Saturday, 1-4:30 p.m.; Thursday, 6 to 8 p.m. Tel. 392-4841.
Bethel Library: Monday, 9 a.m. - 1 p.m.; Tuesday, 1-5 p.m.; Wednesday, 1-5 p.m.; 6-8 p.m.; Thursday 1-5 p.m.; Friday, 4-8 p.m.; Saturday, 1-5 p.m. Story Hour for preschoolers, Thursday, 10-11 a.m. Betsy Raymond, Librarian.
Whitman Memorial Library, Bryant Pond: Tel. 665-2505. Library hours: Tuesday and Thursday, 10 a.m.-4 p.m. Summer hours, 1-6:30 p.m.
Hamlin Memorial Library, Paris Hill: Tuesday-Friday, 11:30-5:30; Saturday, 10-2; Wednesday evening, 7-9 p.m. Tel. 743-2980.
West Paris Library, West Paris: Monday 3-5 p.m.; Wednesday, 1:30-7 p.m.; Friday, 1:30-5 p.m.
Gardner Roberts Memorial

Library, Hanover: Wednesday, 10-12 through July and August. Story Hour, 10:30 a.m.
REACH -- Sexual Abuse Helpline, 743-9777. Serving victims of sexual abuse--past or present. 24 hour service in Oxford County.
Every Wednesday: Gilead Board of Selectmen meet at the Town Office, 7 p.m.
First Wednesday of Each Month: Purity Chapter 102, OES, 6:30 supper, 7:30 meeting. Greenwood Historical Society meets at the Society Building, Main St., Locke Mills, 7:30 p.m.
Woodstock Planning Board meets at the Town Office.
Every Thursday: West Paris Board of Selectmen meet at the Town office, 6:30 p.m.
First Thursday of Each Month: United Methodist Women meet at the Bethel Methodist church at 1 p.m.
Upton Board of Selectmen meets, 6 p.m.
Bethel Historical Society, Dr. Moses Mason House, 7:30 p.m.
Newry Fire Auxiliary meets at the Town Office, 7:30 p.m.
Second Thursday of Each Month: Board of Directors of Bethel Area Chamber of Commerce meets at the Casco Bank, 7:30 a.m.
Bethel Lodge No 97, AF & AM.
S.H.A.R.E. support group for bereaved parent suffering loss of infant or miscarriage, at Stephens Memorial Hospital 7-9 p.m. For information call 824-2913.
Third Thursday of Each Month: Fish & Game, at the Bethel United Methodist Church; potluck supper 6 p.m.; meeting at

7 p.m.
Windy Valleys Snowmobile Club, at Newry municipal building, 7 p.m.
First and Third Thursday of Each Month: Jackson-Silver Post, Locke Mills, 7 p.m.
Every Friday: Friday Gift Shop, at the Bethel United Methodist Church, during summer, 1-5 p.m.
Game Party at Jackson-Silver Post No. 68, Gore Road, Locke Mills, 6 p.m.
Third Friday of Each Month: Mt. Abram Lodge, IOOF, 7:30 p.m.
Second Saturday of Each Month: Woodstock Historical Society, 7 p.m. Woodstock Historical Society Museum, summer months.
Every Sunday: Western Mountains Meditation Group, at the Center for Natural Healing, 47 Pioneer St., West Paris, 9:30 a.m. 674-3961.
Fourth Sunday of Each Month: Episcopal House Church at the Bolrs on Chapman Street, Bethel, 5 p.m.
First Monday of Each Month: Newry Community Ladies' Circle, 12:30 p.m.
Second Monday of Each Month: Newry Mother's Club meets, 7:30 p.m.
First and Third Monday of Each Month: Bethel Board of Selectmen meets at the Town Office, 7 p.m.
First Tuesday of Each Month: State Representative Rick Bennett will be at the meeting of the Greenwood Selectmen at the town Office, Locke Mills.
Second Tuesday of Each Month: Mundt-Allen Post, American Legion, meeting at

Jackson-Silver Post

Members of the Jackson-Silver Post #68 met for their first monthly meeting at their usual meeting place, the Legion Hall, Gore Road, Locke Mills on Thursday, Oct. 1 at 7 p.m.

Every officer responded to the roll call. The finance officer, Richard Cross, reported a good beano week. Roland Lord, Americanism officer reported further investigation into the new Americanism Program, sponsored by the Legion, mentioned by the department chaplain "Bill" Barr when he visited us last meeting. He called the Department Americanism officer "Ed" Roach of Dixfield and talked with him for some length.

It is a program sponsored by the Legion to further Americanism in our public schools. It has to do with a contest held by the staff of each individual school to look for a boy or girl throughout the school year who they feel excels in the following qualities: courage, honor, leadership, patriotism, scholarship and service. The one chosen will receive from the Legion Post a beautiful medallion at a special recognition service held at the school. The pupil chosen will be from the graduating class. It was voted to purchase a sample of the Award Medallion to show to the school officials in the program.

A further report was given from a special committee who are seeking to have a special plaque made for all the Vietnam veterans in the Post's area to have their name be placed on this plaque.

Under unfinished business it was voted to allow the family of Alan Buckman, Jr. use of the Legion Hall for a benefit dance on Oct 18 from 9 a.m. to whenever they want to close.

Under new business it was voted to hold the annual Post "Thank You Supper" giving recognition to those sponsored for Boys and Girls State along with their families. The menu of the supper will consist of an old-fashioned boiled dinner with choice of ham or corned beef. The date and time is Oct. 15 at 6 p.m.

The matter of "Thanksgiving Baskets" was brought up with the suggestion if the Bethel Post wanted to participate they would be picking up half the cost of material and be responsible for the distribution to those in their own area.

It was voted under new business to make a donation to the American Cancer Society of \$100 in loving memory of Trooper and Mrs. Lee Gray who so tragically and suddenly lost their lives in a plane accident this past week. The Post would like to extend its deepest heartfelt sympathy to the family and friends of this fine couple.

The Post would like to thank Elbridge Buck of Milton Township for the gift and delivery of a large office safe to the Post. It was something badly needed and the Post would like to express its deep appreciation for this gift to. It was so voted by all the membership present.

Jackson-Silver Unit

At their meeting on Oct. 1, members of Jackson-Silver Auxiliary learned that the dinner served to the Oxford County Retired Teachers went well and some of the profits had been contributed to the Buckman family which had experienced financial drain during the illness of their late son. A benefit day is being planned for them by the Jackson-Silver Post on Oct. 18.

On Tuesday, Oct. 6 at noon the Auxiliary is serving a lunch to the Topsham Senior Citizens. As some of the usual members who help with such affairs will be working, other volunteers would be welcome.

Oct. 11 is the date for the annual card and table game party to benefit Special Olympics. The time is 1:30 p.m. at which time pie and beverage will be served before the serious card playing begins. Door prizes will be given out throughout the afternoon.

Members of the Post have volunteered to do the cooking for the Membership/Boys and Girls State dinner on Oct. 15. Auxiliary members offered to help with setting up the room and wherever else they may be needing. Shirley Williams,



FIRST MOOSE—Tim Adams, 13, of Bethel wasted no time bagging his first moose. Hunting near Eustis, Tim shot his 700-plus pounder at 7 a.m. Monday, the first day of moose hunting season. Tim is the son of Charlie and Debbie Adams of Songo Pond Road.

Department Girls State director has already accepted the invitation to attend.

It was reported that membership dues for 1993 have been received from 55 members, which leaves 27 to go to get all the renewals. It would be great to get them all by Oct. 15, but Nov. 11 is the next target.

New members are welcome. The wives, mothers, sisters, daughters and granddaughters of those who served in the armed forces in World Wars I and II, Korean conflict, Viet-

nam, Granada/Lebanon, Panama or the Persian Gulf conflict are all eligible to join if their service member is an American Legion member or is deceased, whether or not a former member of The American Legion. It is an opportunity to do much for those who served, for their survivors, and for the community, especially the children.

Two other meetings of note this month are: Oct. 18, when the Second District, American Legion and Auxiliary have their Fall meeting at Post 158 in Lisbon. The October

meeting of Oxford County Council is on Oct. 20, hosted by the Buckfield Post and Auxiliary. Post and Unit members are urged to attend these meetings.

A recent event of Jackson-Silver Unit was the awarding of a Life Membership card to Sylvia Dunham. This award is earned by being a faithful, hard-working member over many years, a description which certainly fits Sylvia, who is still working hard for the organizations and its goals.

She has been the Unit President several different times and worked up to being the President of the Second District. She now serves as the Unit Chaplain and chairs a few committees. Her wise counsel is valuable as is her physical labor.

BREAST CANCER AWARENESS MONTH

In recognition of National Breast Cancer Awareness Month, during the month of October, Stephens Memorial Hospital in Norway will be participating in a statewide mammography screening program. Although women may, at any time, schedule a mammography screening through Stephens Memorial Hospital, walk-ins will be taken during the month of October. It is important to note that all women who receive a mammogram at Stephens Memorial Hospital will be provided with an appointment to see a physician, in order to complete the examination.

To qualify for October's special reduced-fee mammogram, women who schedule an appointment must be over the age of 40, have never had a mammogram or have not had one in the last two years and must not be pregnant at the time of the mammogram.

The Imaging Department of Stephens Memorial Hospital is open to accept appointments from 7:30 a.m. to 3 p.m. on weekdays only. Payment for the mammogram is expected at the time of the examination.

SKI SALE SET FOR OCT. 30-31

The Bethel Outing Club has announced its annual ski sale will be held Friday, Oct. 30 from 6:30 to 9:30 p.m. and Saturday, Oct. 31 from 9 a.m. to 1 p.m. at the Gould Academy Fieldhouse in Bethel. Featured in the sale is new and used equipment for alpine and cross-country skiing and other winter sports, and includes clothing and accessories.

The popular fall sale features many of Maine and New Hampshire's most prestigious shops, providing families, individuals, skiers new to the sport, as well as experts and racers, an opportunity to get outfitted for the coming season at bargain basement prices.

The B.O.C., a non-profit community service organization, holds the annual sale as a public service and as the club's primary fundraiser. Proceeds from the sale are used to promote and support youth development nordic ski programs, family outings, and other community service projects in the Bethel and Western Maine regions.

FREE SMOKE DETECTORS FOR WOODSTOCK SENIORS

The Woodstock Fire Department is offering free smoke detectors to senior citizens in town, who do not have one in their homes.

The department is also volunteering to inspect and clean detectors currently in the homes of senior citizens and will provide new batteries if necessary at no cost.

Anyone interested in the program can indicate whether they need a new smoke detector or a test of an old one and send their name, address, telephone number to: Woodstock Fire Department, Chief Bill Seames, 234 Old County Road, Bryant Pond, Maine, 04217.

The fire department is also urging everyone to test their fire detectors during 1992 Fire Prevention Week, Oct. 4 to 10.



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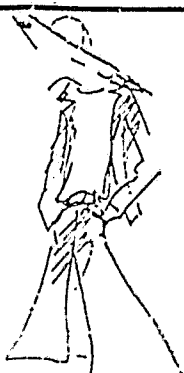
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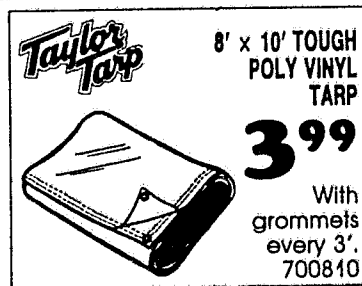
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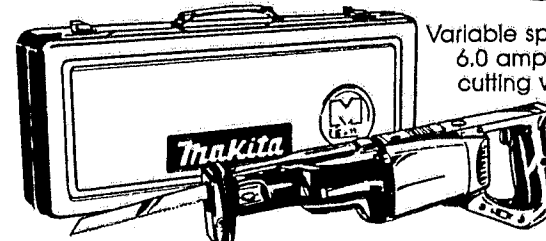
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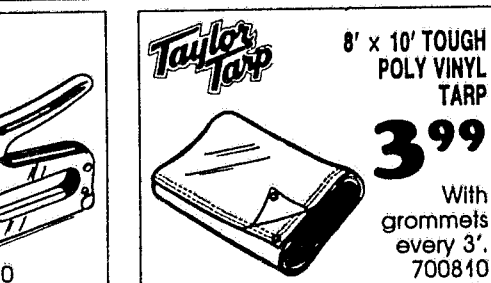
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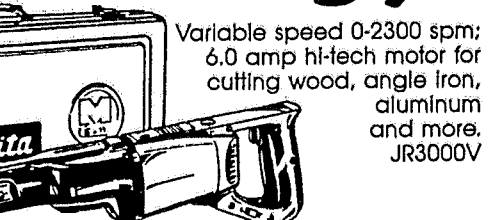
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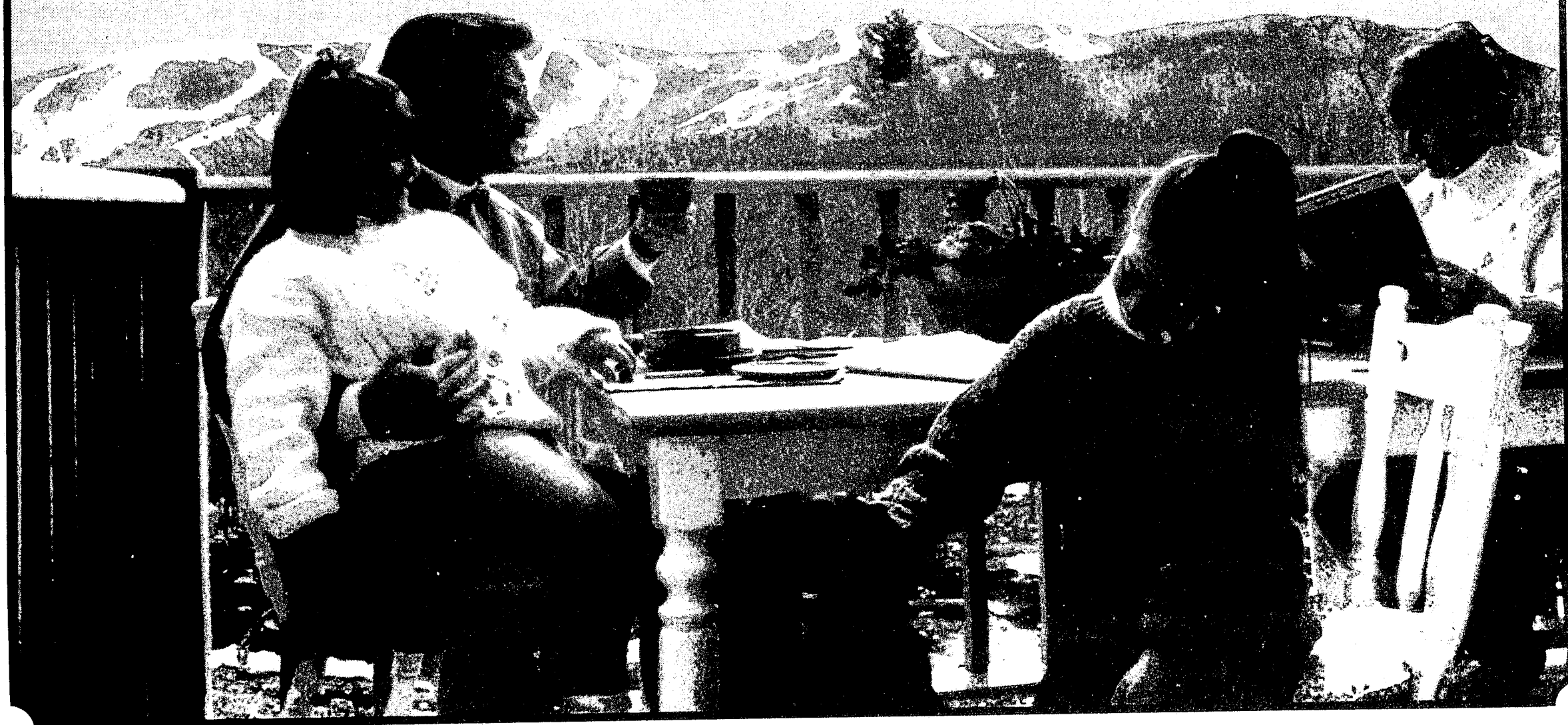
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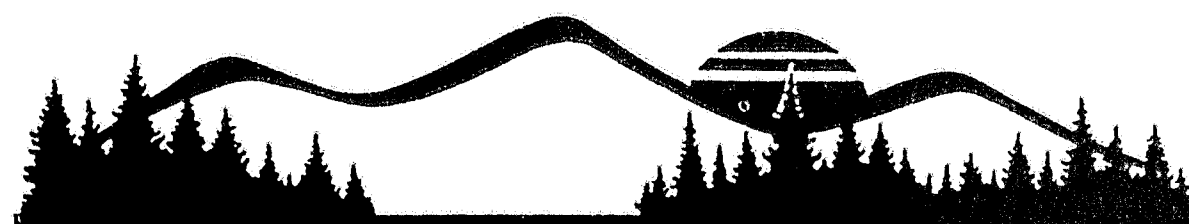
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Use of Fluoxetine In Women with Bulimia

Bulimia nervosa is an eating disorder that affects up to 10 percent of American women from all social and economic classes. This condition, which is seen more often in women in their teens and twenties, typically involves compulsive eating binges followed by self-induced vomiting and use of laxatives or diuretics in an attempt to lose weight.

According to a study published in a recent issue of *Archives of General Psychiatry*, fluoxetine (Prozac) may be helpful in the long-term treatment of bulimia. Three groups of women were evaluated on the basis of their level of depression, craving for carbohydrates, and bulimic behavior (binge eating and purging). One group of women received 60 mg of fluoxetine daily. A second group received 20 mg of the drug each day. The third group received a placebo (blank). Women in the group that received 60 mg of fluoxetine showed the least amount of depression, craving for carbohydrates and bulimic behavior. Other antidepressant medicines have shown some promise in the treatment of bulimia.

A potentially beneficial effect of fluoxetine in bulimia patients is its ability to cause weight loss in both depressed and non-depressed individuals. According to the *American Hospital Formulary Service*, the exact method of weight control is yet to be determined.

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Winter Sand Stockpile

The Town of Woodstock is currently accepting bids for our Winter Sand Supply. We will need 3000 yards, screened, salted and stockpiled in our Sand/Salt storage Building. As it is our intention to have our building ready this fall, the job cannot be done until November. Bids should be clearly marked "Winter Sand Bid" and returned to the office no later than 5 PM on Tuesday October 20, 1992. We reserve the right to accept or reject any or all bids. For further information you may contact the Town Office at 665-2668 or at PO Box 317 Bryant Pond, Maine 04219.

Vern Maxfield, Town Manager

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NOTICE TO BIDDERS INSTALLATION OF SEPTIC SYSTEMS

The Town of Woodstock is currently accepting bids for the installation of two septic systems. These systems are being funded in part by a grant from the Maine Small Communities Grant Program. The septic system designs are now available, as part of the bid package, at the Woodstock Town Office. The locations of the systems are as follows:

1. E. Haskell & Kathleen Brooks Property
Woodstock Tax Map 16, Lot 3
Lower Main Street, Bryant Pond, Maine
2. Sanford & Martha Ricker property, jointly with the Elsie Taylor Property
Woodstock Tax Map 15, Lot 63 & 64
Church Street, Bryant Pond, Maine

Bid packages are available at the Woodstock Town Office and must be returned on or before Tuesday October 20, 1992 at 5 p.m. For further information you may contact the office at 665-2668. We reserve the right to accept or reject any or all bids.

Vern Maxfield, Town Manager

Classifieds

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JOB HUNTING? NEED HELP? SAD #44 Adult Education offers career counseling, CHOICES computer search, help with applications, resumes and interviews. Call 824-2780 for an appointment. 34tf

FRIENDLY HOME PARTIES has openings for demonstrators. No cash investment. No service charge. High commission and hostess awards. Two catalogs, over 600 items. Call 1-800-468-4875 40ne

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MAJOR TELEPHONE CO. Now hiring. Technicians, installers, Acct/Serv. Reps, Operators. No experience necessary. For information call 1-219-736-9807, ext 3807 10 a.m. - 7 p.m. 39-41p

IMMEDIATE OPENING recording secretary for the Newry Planning Board. The first and third Wednesday of every month. If interested, contact Sylvia Gray, 824-3123 Tues. & Thurs. 40-41

RETAIL WORK. Established outdoor retail store seeks full or part time person to work in the shop. Sales experience is not necessary, but enthusiasm for the outdoors and interest in sharing that with customers is a must. Hours/Days flexible. Responsibilities include customer service, in store display, and inventory control. Inquire at True North, 30 Main Street, Bethel. 40tf

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WANTED: 2-3 BEDROOM HOUSE for ski season, family of 4, the kind of people you want to rent to! Call days 617-933-2020, evenings 808-655-4359 37-40

HOUSECLEANING—looking for part time work, flexible hours. Have experience and references. 392-3011. 40-41p

WINTER STORAGE for 13' boat and trailer. Call 875-3602 Sat., Oct. 10 or Sun., Oct. 11. 40

For Sale—General

SEASONED FIREWOOD cut, split and delivered, immediately \$110 cord. 875-5700 34-1p

1984 BURLINGTON Mobile Home. Lots of extras. Washer, dryer, dishwasher, garbage disposal, new cleaning oven range & refrigerator. Skylight & oak cabinets in kitchen. 2 bedrooms. 14x70. Asking \$23,500 but all offers considered. Must sell. 392-1108. 36ptf

"GREAT" WINTER HOME, Sebring FL, trailer for two. Air conditioned, full bath and kitchen. Asking \$5,000. OBO 206-537-2648 37-40p

PIGLET - 8 weeks old \$20 each. Call 836-2642 37-41p

2 OIL BARRELS \$5 each. 824-2962. 37-40f

SKIDDER John Deere 440A, 1978; very good condition, \$9,000. 925-3060 37-40p

BAGGED SHAVINGS FOR SALE P.H. Chadbourne & Co. File, 26, Bethel, has a surplus of pre-bagged (3 cu.ft.) shavings for sale. No limit. \$2.00/bag until supply is gone. Cash and Carry. 37tf

STEEL BUILDINGS. Horse barns, riding arenas, Garages, shops, all sizes available. Buy new before winter hits. Brian (603) 752-7847. 38-42p

American Heart Association

FIREWOOD. Green, cut, split and delivered. \$85/cord; Seasoned 16" cut, split and delivered \$110/cord. 743-8196 38tf

Nice Small WOOD FIRED COOK STOVE with warming shelf. White w/gray enamel on cast iron. Nice oven, good grates and liners. John Gauthier 824-2883 39-40p

\$13,895 New Fleetwood 70x14, 3 bed, or \$1,390 down 180 at \$142. Champion 80" \$22,899. Norris 80" \$24,895. Come down and see why we're the largest New England Fleetwood Dealer. (207) 539-4759. Daily 10-6, Sunday 11-5. Luv Homes, Rt 26, Oxford, ME 40

FIREWOOD, face cord, cut, split, you haul \$30; 1 haul \$40. Immediate delivery, will barter. 836-2827 39tf

FOR SALE: Twin size bed complete w/mattress, upholstered curved back chair, rock maple kitchen set w/4 chairs, birds-eye maple dresser, large oak work desk w/chair, maple/teble floor lamp, all excellent condition. Call MaryBeth 824-3219. 40

For Sale—Vehicles

1987 LYNX WAGON with snow tires, extra tires and rims, radio/cassette player; 74,000 miles; good condition. \$1,600. 674-2112 evenings. 21ptf

Services

CHILDRENS DAY CARE—Route 26. Open 8:45 - 5. Now accepting infants. Rates vary. breakfast, lunch, snacks included, non-smoking environment, safe, licensed, new, story hour, crafts. Call 824-2928. 5tf

SIGNS & LETTERING. Katlin Signs. Call after 5 p.m. 836-3410 35tf

FRENCH TUTOR—Fluent, studied 8 years; lived in France. Will help any level student. Call 824-3230. 5tf

RINSEVAC carpet cleaner, rug shampooers, sewer snakes, sump pumps, space heaters, at Brooks Bros., Inc., Main St., Bethel, 824-2158 13tf

BENNETT'S UPHOLSTERY—Home and office furniture, antique and modern. Call for free estimates, quality workmanship at very reasonable prices. 824-2336. 15tf

RECYCLING—Old lawn mowers, engines, chain saws, lawn tractors, shredders, water pumps, trimmers. Bailey's Outdoor Power. 824-240311tf

THERAPEUTIC MASSAGE, Swedish • Trigger Point • Therapy • Injury Rehabilitation • Sports. Downtown Location. Janet Wille, CMT. Call 824-3889 for appointment. 24tf

SPREADSHEET SOLUTIONS
The Accounting Alternative for Small Business
Free Initial Consultation
John Bayerlein
Mason Street • P.O. Box 699
Bethel ME 04217
(207) 824-7658

GRANITE MEMORIALS: Bronze Plaques; Marble Monuments. Cleaning, lettering, repairs, free estimates. Donald E. & Ruth Feeney, Bethel, 824-2475 28tf

NEED RUGS SHAMPOOED & Upholstery cleaned; floors stripped, sealed & waxed etc. Call Sally's Cleaning Service. 824-2955 - 25 years in the business. 27tf

EXPERIENCED TYPIST - will do typing at my home. No job too big or too small. Call 824-3840 anytime. 28ptf

GLASS ENGRAVING—trucks • cars • plate glass • mirrors • freshwater murals • logos • wildlife • fantasy art • portraits • Can engrave almost any item. Ken Irons 875-3473 28tf

MAHOOSUC MASSAGE. Stress Reduction • Muscle Awareness • Sports Massage • Mental Health Counseling. Penny Bohac & Joe Carden 824-7800. Women's Personal Growth Group starting Oct. 19, Penny Bohac, 824-7600. 40tf

PERSONAL COMPUTER SERVICES

Specializing in small business program development and maintenance. Estimates, instruction and training. Special order contract jobs.

RED HOUSE MANAGEMENT SERVICE

Don and Kathy Bennett
Sunday River Skiway Road
Tel. 824-2094

CHIMNEY SWEEPING. Call now! We stop leaks, repair mortar, stucco, refine flues, install caps and waterproof chimneys. White Mountain Masonry, Don Murphy, 836-2203, evenings. 37tf

Miscellaneous

GEO (High School Equivalency) TESTING AND PREPARATION. Day and evening times. No charge. Call SAD #44 Adult Ed. 824-2780 for an appointment. 34tf

SUPPORT GROUP for families and friends of the mentally ill. Meets first and third Tuesdays of the month, 6:30 p.m. at St. Athanasius/St. John Parish Center, Fumford. For further information call 1-800-464-5787. 23tf

OVERTEARS ANONYMOUS. Bethel Area Health Center, Saturday 9:30 - 10:30 a.m. For information call 824-6683 or 824-2945. 37tf

TOPS (Take Off Pounds Sensibly), Wednesdays, 7 p.m., Bethel Fire Station. 11tf

S.H.A.R.E., a support group for parents who have suffered an infant loss, stillborn birth or miscarriage. Stephens Memorial Hospital, first Thursday of each month, 7 p.m. For information, call 824-2913. 24tf

Bethel Freedom Group, which meets at Bethel Fire Station, Sunday 6:30-7:30 p.m.; Monday 12-1 p.m.; Tuesday 7-8:30 a.m.; Wednesday 10-11 a.m.; Thursday 7:30-9 a.m.; Friday 9-10 a.m.; Saturday 1-2 West Paris Congregational Church D. 25tf

AL-ANON, Wednesday, 8 p.m., Telstar Regional High School. 28tf

AA Meets Wednesday, 8 p.m., at Telstar Regional High School. 21tf

Reach all of New England with one classified ad. Order placed with this newspaper through the New England Classified Ad Network. Ask for details at the Citizen office, 824-2444. 34ne

Business Opportunities

FOR MORE INFORMATION AND ASSISTANCE regarding the investigation of financing, business opportunities and work at home opportunities, The Bethel Citizen urges its readers to contact the Better Business Bureau, Inc., Maine Division, 812 Stevens Avenue, Portland, ME 04103-2648 6tf

A BUSINESS OF your own (full or part time) available with nutrition company rated #1 income opportunity in Success Magazine. For free information call (800) 775-7803. 40ne

DON'T CALL UNLESS you want to own a service business with limited competition and high profit margins. \$2,900 down and good credit required. Call Glen, 1-800-386-1104. 40ne

DO YOU HAVE four extra hours per week? Manufacturer needs a \$0.50 Part-time/Investor in your area. Locations waiting. 1-800-940-7070. 40ne

OWN AND OPERATE a route of America's leading snack machines. Complete 32 machine route established for you. \$9980.00 investment required. 1-800-344-3251. 40ne

As Always FAIR PRICES & CLEAN DEPENDABLE VEHICLES

1992 GEO METRO: 3 dr, auto, air (factory Warranty), 50 mpg, only 12,000 mi Reduced to \$6,995
1991 MERCURY TRACER: s/w, auto-air, only 35,000 mi \$7,495
1991 TOYOTA CAMRY: 4 dr, DX, fully loaded, factory warranty, only 16,000 mi \$11,850
1991 TOYOTA TERCEL: 3 dr, standard, p/s, factory air & warranty, 17,000 mi \$5,895
1989 CHEVY 2 dr CAVALIER RS: auto, p/s, stereo, black beauty \$4,395
1989 F150: 1/2 p/u, 6 cyl, 5 sp, p/s, 1 owner, 50,000 mi \$6,795
1988 FORD CROWN VICTORIA: 4 dr, fully loaded, 302 V8 \$5,795
1988 MERCURY TOPAZ: best 2 dr model, 5 sp, p/s, cassette, 62,000 mi, Special \$3,295
1988 VW FOX: 4 dr, 4 sp \$3,795
1987 DODGE RAIDER 4x4: auto, p/s \$5,295
1987 DODGE ARIES: 4 dr, auto, p/u, 1 owner, 50,000 mi \$3,895 Nice Family Car
1987 CHEVY BLAZER: loaded, auto, clean little 4x4 \$7,395
1987 JEEP CHEROKEE: Big 4 liter-6, 5 sp, air, windows, locks, Larado Package \$6,695
1986 1/2 NISSAN KING CAB 4x4: 70,000 mi, nice 4x4, new paint \$4,995
1986 FORD TAURUS: V6, loaded car \$2,995
1986 CHEVY CAPRICE: 4 dr, auto, air, new paint, full police package \$2,295
1985 FORD TEMPO: 5 sp, p/s, nice cheap car \$1,695
1985 CHEVY CELEBRITY: 4 dr, 6 auto, p/s, rebuilt car \$1,995
1984 BUICK SKYHAWK: s/w, new clutch \$1,295
1984 DODGE P-100: p/u, 6 standard (new clutch), p/s, 81,000 mi \$1,995
1983 FORD RANGER: Longbed, auto, p/s, 55,000 mi \$2,895 Must See
1979 FORD F150: p/u, 302 auto, p/s, 7,700 mi, new sticker, worth \$1,295 Only \$1,000
1978 CHEVY VAN: 1/2 Ton, 8 pass, 350 auto, goes A-1 \$1,395

1991 CHEVROLET LUMINA
V6, Automatic, Air A/C, Conditioning, Cruise, Power Windows.
Only \$8,995

1991 YAMAHA EXCITER
Electric Start, Cover, 1400 Miles, Super Clean

1981 Ford, 6-Cylinder, A
1978 Ford Thunderbird
1984 Dodge Pickup with
1983-1/2 Nissan King Cab
1985 Buick Park Avenue

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1985 Buick Park Avenue

Mahoosuc Realty INC.

FALL'S NEW COLORS

Set with a restored and dated and ready to go. 2 bedrooms and 2 1/2 baths. Everything you need. Only \$52,000

Great investment! Rent one unit - get comfortable in the other. Favorite neighborhood location with full bath and separate garage. \$86,000

4 Acres with views of the Presidentials. This contemporary home provides a great vacation base. Separate apartment for friends or rental. \$64,900

NW Bethel Road. Wooded lot with immaculate home. Lots of room for a growing family. Easy access to 4 season vacation fun. \$96,500

Gentleman's farm. 20 acres of trees bordered by the Sunday River. 6 acre paddock off the farm. 1981 Cape with hardwood floors. This place has it all! \$249,000

Be on the slopes at Sunday River! One bedroom unit with 2 sets of bunks. Indoor pool, pizza, sauna and restaurant in building. \$61,900

Views of the Presidentials! Located on town maintained road with power on road. Soil tested. \$19,500

* SOIL TEST PIT

ACCESS

CUSHMAN HILL ROAD

MAP NOT TO SCALE

Corner of Main & Vernon Streets
Bethel, Maine
824-2771

Sunday River REALTY

"The Mountain Specialists"

When considering "Year Round" VACATION PROPERTY

You owe it to yourself to look at our offerings.

We offer mountain living at its peak...

Locke Mountain Townhouse

1900+ sq. ft. of luxury in a pristine mountain setting. Trailside for hiking and mountain biking in the summer-skiing in the winter. 2 fireplaces, 2 1/2 baths and much more. Common amenities include-Recreation Room with fireplace, year-round outdoor swimming pool with indoor access.

All for only \$210,000

Open daily: 8:30 a.m.-5 p.m.

Located at South Ridge Center
(207) 824-3000

For Rent

HOUSE ON SONGO POND. Also fireplace, spiral staircase, 3 bedrooms, sandy beach. By the week or winter/summer. 15 minutes from Sun. Call after 6, 824-3191

2-BEDROOM furnished South Ridge Tr. in quiet Sunday River location. dishwasher, TV, fireplace. Available owner, 824-6484

COMMERCIAL OFFICE SPACE. Rt. 2, new building. Jeff & Pattie Parsons, 824-2530

APARTMENTS - Mid-Main Street, bedrooms, sunny, utilities included. D references required. 824-2530

ONE BEDROOM Apartment, lower Mt. Bethel. References required. No pets. 824-2240, leave message.

LOG HOME for rent in Hanover. Quiet location, suitable for one person or 2 minutes from Sunday River. 20 minutes from, 384-7520

COZY CAPE. 20 minutes from Sunday nished, spring water, 2 bedrooms, living room with fireplace, family room, 2 car pets. Oct-April Lease, references. 836-2595

WANTED: 2-3 bedroom house for ski season, family of 4, the kind of people you want to rent to! Call days 617-933-2020, evenings 808-655-4359 37-40

WANTED - Seasonal rental, 1 bedroom, 1 bath, furnished, w/2 SWM 39 years old, non-smoker, no drugs and mature. References (207) 824-2530

1-BEDROOM, beautifully furnished corner Mt. Abram or drive just 10 minutes River. Sleeps 4. Rent 1 year round or ski season. Call Nancy at 824-3704

UNFURNISHED HOUSE for rent on 3 bdr. with 1 1/2 bath. Cost efficient m \$550 month + security and references. 824-2913

7 ROOM APARTMENT, partially furnished and hot water, 2nd floor, washer/dryer. References required. \$400/month. 36tf

FOR SALE/SEASONAL RENTALS bedroom, 2 1/2 bath cape with 2 bedrooms apartment. South facing energy efficient. River Valley, 824-2115

LAKEFRONT HOME in Bryant Pond, ski season. Fully furnished, 4 bedrooms, all appliances incl. laundry. Fireplace 20 minutes from Sunday River. Call for info. 824-2115

CONDO AT MT. ABRAM, 2 bedrooms, dishwasher, refrigerator, oven, \$450/month, plus electricity. Call 1-933-2444 36tf

SUNDAY RIVER trailer side chalet, (207) 967

824-2444

PERSONAL COMPUTER SERVICES
Specializing in small business program development and maintenance. Estimates, instruction and training. Special order contract jobs.

RED HOUSE MANAGEMENT SERVICE
Don and Kathy Bennett
Sunday River Skiway Road
Tel: 824-2094

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1991 TOYOTA CAMRY: 4 dr, DX, fully loaded, factory warranty, only 16,000 mi. \$11,850

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1988 MERCURY TOPAZ: best 2 dr model, 5 sp, p/s, cassette, 62,000 mi. Special \$3,295

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1983 FORD RANGER: Longbed, auto, p/s, 55,000 mi \$2,895

1979 FORD F150: p/u, 302 auto, p/s, 7,700 mi, new sticker, worth \$1,295

1978 CHEVY VAN: 3/4 Ton, 8 pass, 350 auto, goes A-1 \$1,395

BETHEL AUTO SALES INC.
Rte. 2, between Bethel & W. Bethel
Call 1-207-824-2389
Ask for Brad or Judy
Open Monday-Wednesday: 8-5
Thursday, Friday: 8-7

For Rent

HOUSE ON SONGO POND, Albany, with fireplace, spiral staircase, 3 bedrooms, 200 feet of sandy beach. By the week or weekend, winter/summer, 15 minutes from Sunday River. Call after 6, 824-3191. 121f

2-BEDROOM, furnished South Ridge Townhouse. In quiet Sunday River location. Includes dishwasher, TV, fireplace. Available Now. Call owner, 284-6484. 171f

COMMERCIAL OFFICE SPACE, Rt. 2, W. Bethel, new building, Jeff & Patrice Parsons, 636-3080. 171f

APARTMENTS - Mid-Main Street, Bethel. 2 bedrooms, sunny, utilities included. Deposit and references required. 824-2530. 171f

ONE BEDROOM Apartment, lower Main Street, Bethel. References required. No Pets. Call 824-2240, leave message. 221f

LOG HOME for rent in Hanover. Quiet location, 10 minutes from Sunday River, 20 minutes from Rumford, 364-7500. 371f

COZY CAPE, 20 minutes from Sunday River, furnished, spring water, 2 bedrooms, living room, kitchen, dishwasher, family room, 2 car garage. No pets. Oct-April Lease, references. 729-0691; 836-2595. 371f

WANTED: 2-3 bedroom house for ski season, family of 4, the kind of people you want to rent to! Call days 617-933-2020; evenings 508-655-4359. 37-40

WANTED - Seasonal rental, Nov-April, Bethel/Newry, 1 bdrm, furnished, washer/dryer, SWM 39 years old, non-smoker, no drugs, responsible and mature. References. 207-363-5145. 38-40p

1-BEDROOM, beautifully furnished condo. Walk to ski Mt. Abram or drive just 10 minutes to Sunday River. Sleeps 4. Rent it year round or just for the ski season. Call Nancy at 824-3704. 391f

UNFURNISHED HOUSE for rent on Mt. Abram, 3 bdrm, with 1 1/2 bath, cost efficient monitor heat, \$550 month + security and references. Call 885-5177. 39-41p

7 ROOM APARTMENT, partially furnished w/heat and hot water, 2nd floor, washer-dryer hook-up. References required. \$400/month. 369-0603 39f

FOR SALE/SEASONAL RENTALS (2) new 4 bedroom, 2 1/2 bath cape with 2 bedroom, 1 bath apartment. South facing energy efficient. Sunday River Valley, 824-2115. 39f

LAKEFRONT HOME in Bryant Pond available for ski season. Fully furnished, 4 bedrooms, 1 1/2 baths, all appliances incl. laundry, fireplace and oil heat. 20 minutes from Sunday River. Call 824-3602 for info. 40

CONDO AT MT. ABRAM, 2 bedrooms, 2 baths, dishwasher, refrigerator, oven, woodstove, \$450/month, plus electricity. Call 1-933-9023.40-41

SUNDAY RIVER trailside chalet, sleeps 6. (207)967-4236. 40-52

VACATION RENTALS, Lake Worth, Fla. Warm Atlantic waters, blue skies, white beaches, 1st air jumpin', lodging is plentiful, inn is easy and it's summer all year long. For info, call (407)582-4401 or write Chamber of Commerce Dept Nec, 1702 Lake Worth Road, Lake Worth, Fla. 33460.40ne

Real Estate

LOG HOMES - Industries Best - Klin Dried - Standard - Custom. Carey's, 220 Waldo Street, Rumford, ME 04276, Telephone: 207-364-4541. 471f

SOUTH RIDGE 2 bedroom townhouse with fireplace, dishwasher. Fully furnished, mountain views. Soil tested, owner financing possible. 824-2115. From \$28,500. 151f

1 - ACRE LOTS at Nordic Knoll, Upper Sunday River Valley. Southern exposure, mountain views. Soil tested, owner financing possible. 824-2115. From \$28,500. 151f

3-6 BEDROOM FARMHOUSE in West Bethel. New sewer system, down payment, owner will finance. Call 207-836-3945. 171f

EDEN RIDGE TOWNHOME like new, fully furnished. Best price in complex, must sell \$85,000 or B.O. Evenings 883-5641; days 284-0162, Pete or leave message. 311f

SUNDAY RIVER SKI RESORT AREA. Nice 3 bedroom ranch 1 1/2 acres, 4 miles from Sunday River. Owner relocating. Priced to sell. Call (207) 824-3383. 38-41p

SUNDAY RIVER AREA. Quality-built, new 3 bdrm., 2 bath, expanded Cape with breathtaking panoramic mountain views from 3 stories of glass walls. Unique custom design includes interior catwalk, balcony overlooking fireplace greatroom and multiple decks. Living space can be expanded to 5 bedrooms. \$165,000.00 Designer/Builder (508) 369-4377. 38-41p

CAN'T SELL YOUR PROPERTY? Exchange it! Subscribe to Exchanging Property. With an enormous classified section and detailed articles, this is the help you need! Exchanging Property, 916 Shaker Rd., Suite 331, Longmeadow, MA 01106. FAX (413) 56-0998. 40ne

BRYANT POND 20x20 mountaintop chalet, many amenities, great for arsy. 1.5 acres, well round, \$41,500. Will negotiate. (508) 374-6172. 39-46

LAND W. PARIS, gentle rolling hills - 1.5 acres 3 bdrm. - old foundation - old foundation - dug well - ready to go - will negotiate. \$12,500. (508) 374-6172. 39-46

POWDER RIDGE beautiful lot in prestigious development overlooking Sunday River. Call Days: (617) 342-7072. Nights: (617) 631-9328. 38-45

SKI & GOLF CONDO, FOR SALE BY OWNER. Just 10 minutes from Sunday River Ski Resort, on The Bethel Inn & CC champion golf course & XC ski trails. Health club, all resort amenities. 1450 sq. ft., 2 bedrooms, 2 baths, large living area with fireplace and deck with mountain views. End Unit. Annual estimated income over 10K. Turn key, 145K will negotiate. (207)824-2175, (E)824-3292. 40

Free

BEAUTIFUL BLUE-GRAY TABBY cat 2 years old, needs a good home. Affectionate, clean and loves people. Excellent mousser. Please call 836-3567. 38-41f

FREE KITTENS beautiful blue-gray Tabby kittens, 2 females and one male. Clean affectionate, raised in home with children. Please call 836-3567. 38-41f

Yard Sale

SATURDAY, Oct. 10 9:30-4:00. Lowell's Songo Road, Bethel. Screen house, odds and ends 40p

CLEAN THE ATTIC SALE. Sat. Oct. 10, 9 am-noon. Third house on left, Paradise Road. 40

GARAGE SALE. Sun. & Mon. Oct. 11 & 12, 9 am-3:00 pm. Antiques, crafts, toolboxes, treasures and junk. Rain or shine. Corner Paradise and Evergreen Streets. 40p

CLASSIFIED ADS

Twenty-five words or less, one week, \$2.50; additional weeks without charge, \$2.00. More than 25 words, 15 cents per word the first week; additional weeks, 12 cents per word.

Advertisements in care of The Citizen, \$2.00 per insertion additional.

Display advertising in classified columns, \$5 per inch. Advertiser's utility space in classified display regularly (minimum of four weeks in succession) are entitled to a rate of \$4 per inch.

Cards of Thanks or in Memoriam, \$3.50. Resolutions of respect, \$5.75.

Tel. (207) 824-2444

Publisher's Notice

All real estate advertised in this newspaper is subject to the Federal Fair Housing Act of 1968 which makes it illegal to advertise "any preference, limitation, or discrimination based on race, color, religion, sex, or national origin, or an intention to make any such preference, limitation, or discrimination."

This newspaper will not knowingly accept any advertisement for real estate which is in violation of the law. Our readers are informed that all dwellings advertised in this newspaper are available on an equal opportunity basis.

PUBLIC HEARING
Pursuant to Title 28 MRSA 252-a notice is hereby given that a Public Hearing will be held on Tuesday, October 20, 1992 at 7 p.m. at the Greenwood Municipal Building to consider a bottle club license application from Jackson-Silver Post #88, Locke Mills.

Public comment will be heard at that time. Prior to the hearing date written comment may be issued to the Greenwood Town Office.

Board of Selectmen Greenwood

Greenwood Residents
The Greenwood Town Office will be closed Thursday, October 15, 1992.
Greenwood Selectmen

COACHING POSITIONS
S.A.D. #44 has the following coaching positions available:
High School Assistant Boys Basketball
High School Assistant Girls Basketball

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Mr. and Mrs. Mark Mallory

Miss Susan Jane Gould, daughter of Malcolm and Caroline Gould, of Bethel, was united in marriage to Mark Thomas Mallory, son of Micheal and Diane Mallory of Rochester, N.H., on May 30, 1992 at the West Parish Congregational Church in Bethel at 7 p.m. with Rev. Jean and Rev. Brendan Bass officiating.

The bridal gown was an off-the-shoulder style with a sweetheart neckline, short sleeves, sequined bodice with a tulle around the bottom and a Cathedral train. The flowers were of roses, carnations, ivy, eucalyptus and greenery.

The maid of honor was Karen Gould, cousin, and the matron of honor was Tibby York, aunt. The bridesmaids were Mrs. Michelle Sawyer, sister of the groom; Mrs. Donna Howard, a friend; Mrs. Sonia Brooks, a friend; and Ms. Rhonda Conant, friend.

The best man was Rich Scallill, a friend. The ushers were Jim Sawyer, brother-in-law; Don Roberts, a friend; Bob Myers, a friend; Ery Demers, a friend; and Ray Cormier, a friend.

The flower girls were Courtney and Mallory Blake and Ashley Gould. The reception took place at the Bethel Inn Conference Center in Bethel with a wedding trip to Castine, on the Maine coast. They now reside in South Paris.

The bride graduated from Telstar High School, class of 1983 and holds a bachelor's degree in psychology from USM. She currently works as a counselor at Nutri/System in Auburn.

The bridegroom graduated from Spaulding High School, class of 1982 and attended Plymouth State College and UNH. He currently is a Golf Pro at the Bethel Inn.

Births

Harry and Michelle Madden of Norway are pleased to announce the arrival of a baby girl, Kristen Michelle, born on July 17, 1992 at Stephens Memorial Hospital, weighing 10 lbs. 12 oz.

The Maternal grandparents are Larry and Terry White of Norway.

Paternal grandparents are Charlie and Tereasa Carro of Otisfield.

The maternal great-grandmother is Elsie Coolidge of Holden, Mass.

Paternal great-grandparents are Harold and Agnes Dixon of South Paris.

Kristen joins two sisters: Jayna, 10 of Salem, Mass., and Holly, 8; and one brother, Travis, 2.

James River boiler project expected to create 350 jobs

By LALA DINSMORE

James River in Berlin, N.H. expects 350 temporary jobs to be created next year by a new \$73 million boiler project to meet environmental rules, company officials said at an informational meeting last week.

Dave Nelson, Berlin-Gorham Division manager for James River, forecast "no future layoffs for the Berlin-Gorham Division of James River, except by attrition in the next five years" as he spoke at the informational meeting on the new boiler project, which has been described as a key element in the plant's future.

Company officials promised they would give priority in filling jobs to laid-off workers in this area and others in this region.

There just aren't 250 boilermakers in the area or even in New Hampshire, said project leaders, who also predicted that 10 percent to 30 percent of the \$73 million outlay would go into the local economy directly.

In order to meet environmental requirements, James River had to rebuild or construct a new recovery boiler, since the old "Number 8," built in 1947, was the second-oldest such boiler in the country and unable to meet federal environmental requirements to reduce its sulfur emissions.

In April, James River selected its consultants for the project. By May 1, the company submitted an application to the state for approval. The air emission permit from the state was received Aug. 25.

Company representatives say they hope that on-site construction can begin March 1 with completion by November 1993.

James River's Berlin-Gorham mill was able to take down its for sale sign in February when it became obvious that state and federal loans totaling \$73 million would be available for the new recovery boiler construction. The region's economy depends heavily on the mill, since James River employs more than 1,300 workers.

CARD OF THANKS

My heartfelt thanks to all of those who gave Ruth rides to see me while I was in the hospital.

For all the visits, prayers and the food taken to Ruth.

To all of the doctors and nurses who gave me such good care while I was in the hospital.

To all of those that did errands for Ruth or took her to do her own errands.

To those that took her out to lunch.

To Vada for coming from Hollis Center and bringing her to see me and also taking Ruth to Nancy's bridal shower.

The other times she went up, brought her to see me and took her out to lunch.

For all the telephone calls to me in the hospital, also the phone calls to Ruth.

Thanks again to all of you that in anyway made my hospital days more pleasant.

God Bless You All.

Arthur Cummings

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Mr. and Mrs. Joseph Howard

Miss Donna Lynn Dorey, daughter of Mr. and Mrs. Robert Dorey of East Andover, was united in marriage to Patrick Joseph Kendall Howard, son of Mrs. Glynda Flynn of South Windham and Mr. Alton Howard of Buckfield, on Aug. 29, 1992 at Our Lady of the Snows at 1 p.m. with Father Colpitts officiating. Vocalists for the service were Jewel Clark and Paul Farrar.

The maid of honor was Emily Wheeler, the bride's best friend. Bridesmaids were Mrs. Kelly Greene, Mexico; Mrs. Linda Thornton, Mexico; Ms. Stacy Howard, Windham; and Mrs. Susan Mallory, Norway.

The best man was Chuck Haines, best friend of the groom. Ushers were Mr. Michael Dorey, Buxton; Mr. Andy Moffett, Waterford; Mr. Donnie Pelki, Windham; and Mr. Kurt Lichtfield, Florida.

The reception took place in Sunday River with a honeymoon trip to Boothbay. The couple now reside in Gilead.

The bride is a graduate of Telstar High School, class of 1985 and works at New England Wire Prep in Locke Mills.

The bridegroom is a graduate of Telstar High School, class of 1984 and works at Pike Industries in Waterford.



JAMES AND ELIZABETH KNIGHT

Knights celebrate 60th

James and Elizabeth Knight celebrated their 60th wedding anniversary on Aug. 20.

Norma Davis presented the couple with a heart-shaped anniversary cake, and a special painting of James and Elizabeth's home in Pinhook was presented by Ruby Ring.

A family picnic was held "under the big top" on Saturday, Sept. 12, in the back yard of Frank and Christine Campbell, to honor the anniversary couple. There were 38 family members present.

An anniversary cake was made and decorated by Barbara Keach. The family enjoyed hot dogs and hamburgers also, fresh corn donated by Robert and Norma Davis. Games were played and lots of pictures taken.

James and Elizabeth later spent four days enjoying the Maine seacoast.

"Look Who's Old Enough to Vote!"



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